



Informal Orienteering Event

Saturday 12th August 2017

Swadlincote Woodlands

(6 miles from Burton On Trent)

Summer Orienteering in South Derbyshire

Courses suitable for novices and experienced orienteers with help and advice available.

Run or walk by yourself, with a friend or as a family.

- Terrain** Extensive Path network make this semi-wild Country Park a runnable area with, for longer courses, some, off path, fine navigation demands.
- Car parking** Some free parking is adjacent to the Start/Finish. Other parking on local roads.
- Post Code** DE11 8LP
- Grid Ref** SK 305193
- Courses** For complete beginners and novices, there will be coaching available. Please let the Organiser know if you wish to receive some coaching when you arrive at Registration.
- Short:** 2km White standard
Medium: 2-3km Yellow standard
Long: 3-4km Light Green standard
- Fees** Adults £4.00 Entry on the day only
Children and Students £2.00 (going round a course unaccompanied by an adult)
... & just 50p for a second map if you want to try another course!
- Timing** The event will use Sportident electronic punching. If you do not have a Sportident card or 'dibber' you can borrow one free at Registration.
- Registration** 1pm to 3pm, on the day only. Swadlincote Woodlands car park.
- Start** Swadlincote Woodlands picnic area. Start times from 1pm to 3pm.
- Finish** Swadlincote Woodlands picnic area. Courses close at 4pm. You must report to Download even if you do not finish your course to avoid a needless search.
- Facilities** There are toilets adjacent to the car park.
- Map** 1:4000 with 5m contours
- Dogs** Dogs are **not** allowed on the courses. Dogs are welcome in the area but we ask that owners keep a close control and that they should clean up any mess.
- Safety** There are nettles and brambles at this time of year, and full leg cover is required under British Orienteering Rules – sorry, no shorts. Competitors take part at their own risk. Whistles are advised. A waterproof jacket may be required if the weather is bad.
- Badges** Children over 5 can collect controls towards the British Schools Orienteering Association awards at this event, and the other 3 events in the South Derbyshire Summer Series, as well as at the 3 National Trust events on Wednesdays 16, 23 & 30 Aug. To be presented at DVO's event at Kedleston Park, Sunday 24th September (Registration open 10-12noon, awards available from 12:45) or send SAE to Rex Bleakman (see www.dvo.org.uk for details).
- Membership** Non-members are welcome to run at this event, but please note that British Orienteering public liability insurance covers you for three events only (as a non-member). Ask at Registration or Download for information on joining and other membership benefits.

Organiser : Rex Bleakman 01283 733363

Planner: Andis Ozols