



# September 2017 Newstrack



Some of the 40 DVO  
members at



30<sup>th</sup> July – 5<sup>th</sup> August



**Newstrack is the magazine of Derwent Valley Orienteers**

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## New Members

New members over the summer are Sara Lewis, the Woodward family (Alice, Diane & Stephen), Bill Remmer, Simon Brister and Nicola Hart – a warm welcome to DVO! Why not come along to our Club Championships at Ilam and the Picnic Lunch/Awards afterwards? (See page 29 for details.)

## Next issue

Thank you for all your contributions to this issue! The December issue will be available at our Eyam Moor event on December 10th and the copy date is 3rd December

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## September 2017 What's inside?

Thoughts from the Chair/Eyam Entries	3
Club Kit/AGM Notice	4
New DVO Flags	5
Club Captain's Corner	6
Scouts 'Activation Weekend' Report	8
Matlock Summer Series 2017	9
Simon Davis	11
Tom Palmer	12
White Rose Report	13
DVO History	14
CompassSport Cup Final Preview	15
When Sunday Comes	17
ISOM 2017 Mapping Specification	19
A Year in Grenada	20
DVO Matrix: White, Yellow & Orange	24
Colour-coded Awards 2018	25
Puzzle Page	26
Fixtures	27
SMOC Coaching Day	28
JIRCs Relay Organiser needed	28
DVO Club Championships	29



## AGM and other meeting dates

Traditionally club **Committee** meets on the second Tuesday of March, June, September and December – so next date is **12<sup>th</sup> December**.

DVO **Open Meetings** take place quarterly at the **Family Tree in Whatstandwell**. All are welcome and there is a run beforehand, at 7pm, with the Meeting starting at 8pm. Bar available and free tea and coffee. The next one is our AGM, on **18th October** (see Notice on page 4).





## Thoughts from the Chair

At the AGM on Wednesday 18th October, I will be finishing my term of office as Chair of DVO. The 3 years have flown by! Best memories? Here are a few. The satellite Matlock O club, co-ordinated by Viv Macdonald and Judith Holt with help from others, has brought a number of people into our sport by providing progressive training sessions. Their sessions were templates of how to put together a programme, which helps beginners gain confidence to tackle a proper course. Excellent!



The Derby 5 Parks Challenge, the South Derbyshire events and the three National Trust events – all held this Summer – were a "blow away" success. Sal Chaffey, Rex Bleakman and Mike Godfree were the Organisers and their enthusiasm to pull in Planners and Helpers was fantastic. We had a number of adults and children trying orienteering for the first time and the weather was sunny on most of the days. Learning to navigate in warm, sunny weather beats standing in the cold and rain of a Winter's day! And the great news is that all three have said they will organise similar events next year – so stand-by to get roped in as Planners/Helpers!!

Rex Bleakman planned a Score event earlier this year for the feeder primary schools to QEGS in Ashbourne. Over 100 children took part. This led to a link up with the Derbyshire Dales School Sports Partnership and the club put on an event for primary schools in Derbyshire Dales on World Orienteering Day in May. The event was at Whitworth Park in Darley Dale and a number of schools attended on a day when the sun was out! The Club received a lot of accolades from parents and teachers. Again, excellent!

The publicity for the club has improved immeasurably. Sal Chaffey has become an expert at producing flyers and exploiting social media to publicise our events and her editorship of Newstrack has been outstanding – always a good read and a handy reference document.

We have seen some first-class performances from our limited number of Juniors – Rachel and Sarah Duckworth continue to excel and have formed a very useful relay team with Grace Pennell. Jake O'Donnell has shown a lot of potential and, as a club, we will support his development to help him reach his full potential.

The Club functions well because a number of people put in a lot of effort – Committee members, Team Leaders, Planners, Controllers, Organisers, Club Captain and Helpers. Thank you for all your efforts. It has been a most enjoyable last three years for me.

One final memory. I had a very late start at Birchen Edge in the Winter two years ago having worked on car parking for a few hours. Up on the Moor with a howling gale and sporadic rain, I couldn't find one control but carried on and then, later, had difficulty with another control. There was no-one else around and I thought I should head back. Then a DVO young person appeared (Joanna Goodhead W18) and ran over. She was misplaced. We studied the map, re-orientated, and worked out the direction of her control. It was some distance over heather and bog. There was no-one else to be seen. Undeterred, she set off and I waited until she disappeared out of view. Later, I saw her finish. And with my background, I just thought that girl has got real determination – a delight to witness.

Stuart Swalwell  
DVO Chair, 2014–2017

## East Midlands Championships, Sunday 10th December Eyam Moor and Bretton Clough



Entries for the Eyam event have now opened on [Fabian4](#). You can get the helper's discount code from your team leader. Note that there is no Entry on the Day other than White, Yellow, Orange and Light green courses. Closing date Sunday 3<sup>rd</sup> December. New map by Richard Parkin using the new ISOM 2017 specification. All courses from Light green upwards will be using the technical area of Bretton Clough.

Entry queries to [Mike.Godfree@btinternet.com](mailto:Mike.Godfree@btinternet.com)

## Shop early for Christmas!

I have a stock of O tops, jackets and running vests in the distinctive blue and yellow contour design. We should be able to order other sizes in time for Christmas.

See on the club web site under Members/Clothing for more information.

[Mike.Godfree@btinternet.com](mailto:Mike.Godfree@btinternet.com)

## 2017 AGM, 18<sup>th</sup> October 8pm at the Family Tree, Whatstandwell



The AGM is a chance to vote in club officials or maybe stand yourself. Free tea and coffee are available, and there's a bar. Some get together at 7pm for a run. This year, we are proposing an amendment to the Club's Constitution, and it's a requirement that at least 14 days notice of this is given to Club members. The Agenda, and proposed change, are given below:

### Agenda

1. Apologies
2. Minutes of 2016 Annual General Meeting
3. Matters Arising
4. Chairman's Report
5. Secretary's Report
6. Treasurer's Report including the accounts
7. Other Business received in writing, including proposed amendments to Constitution
8. Election of Officers
9. Appointed Officers
10. Any other business

### Proposed amendment to the Constitution

A proposed amendment to the constitution has been received from Andy Hawkins. This relates to the term that the Chair, the Secretary and the Treasurer may serve, which is currently a maximum of three years. The proposal seeks to extend that period by one further year in the event that there is no other member willing to stand.

Clause 5.2 is currently as follows:

*5.2 The Committee shall consist of at least 11 Club members of which 7 are to be elected officers. The elected officers shall consist of:-*

<i>Chair</i>	<i>Vice Chair</i>
<i>Secretary</i>	<i>Treasurer</i>
<i>Captain</i>	<i>Committee Member</i>
<i>Fixtures Secretary</i>	

*Elected Officers are elected annually and the Chair, Secretary and Treasurer may not hold a single post for more than three consecutive years. The other elected posts may be held for a maximum of six consecutive years. Elected officers may subsequently hold a different post or, after a gap of at least one year, the post they held before.*

*Appointed officers shall be assigned to undertake specific roles within the committee, e.g.*

<i>Social Secretary</i>	<i>Equipment Officer</i>
<i>Newsletter Editor</i>	<i>Minutes Secretary</i>
<i>EMOA Representative</i>	<i>Coaching Co-ordinator</i>
<i>Mapping Co-ordinator</i>	<i>Permanent Course Manager</i>
<i>Junior Representative</i>	<i>Junior Development Officer</i>
<i>Publicity Officer</i>	<i>Development Officer</i>

*Committee members may hold more than one specific role and new posts may be created, and others dispensed*

with, as necessary.

*The appointed officers and their roles shall be presented to the AGM by the Committee each year. Broad descriptions of the roles of the elected and appointed officers will be agreed by the Committee.*

The proposed amendment relates to the paragraph starting 'Elected Officers are ...'. The proposal replaces the whole paragraph with the following text – bolding is purely to show where text has changed or been added:

***'Elected Officers are elected annually and the Chair, Secretary and Treasurer may not normally hold that post for more than three consecutive years. In the circumstance of no other member being willing to stand for the post of either Chair, Secretary and Treasurer then the current holder of that post may be elected for one further year only.'***

*The other elected posts may be held for a maximum of six consecutive years. Elected officers may subsequently hold a different post or, after a gap of at least one year, the post they held before.'*

If you have any questions about this, please contact the Club Secretary, John Hawkins:  
[john.hawkins16@sky.com](mailto:john.hawkins16@sky.com) and/or come along to the AGM.

## DVO Club Flags

The club now has smart Start and Finish flags to replace the old banners. And at the same time we have new poles and spikes for the old blue and yellow flags as the picture shows. I have labelled the bags as per the second photograph so hopefully you do not need to get everything out to see which flag is in the bag – please put them back in the correct bag.

The new poles do not telescope inside one another, please do not try. Unlike the revolving spikes of the pear-drop flags, these spikes do not have a separate section to hammer so do not use a rock or metal hammer or they will get burred. To that end there is a mallet in each of the four bags permanently attached.

Before putting a flag up do check there is no overhead power line.

We also have the two shorter pear-drop flags.

Mike Godfree







## White Rose Weekend

The White Rose is a traditional venue for those whose cupboards glare with empty spaces begging to be filled with pottery, and this year did not disappoint. Strictly, my brief is confined to the Monday Relays where DVO fielded four teams, two of which won their class.

The astute amongst you will have spotted that the victorious W120+ team seems a little isolated atop their podium, but there were in fact two teams in their category; the others were disqualified. The Men's 160+ team's success was the harder won – there were seven other teams below them. The O'Donnell family team of Chris, Ben and Jake were awarded mugs as the fourth-finishing team in their family category.



However, it is a sad but unavoidable truth that the White Rose Relays have been in decline for some years now, to the point where there are almost more categories than teams (there were no Women's Open teams entered for example). Most competitors will happily turn up for the individual events on Saturday and Sunday, but head homewards thereafter, leaving a stalwart few to contest the relays. Speaking as one who invariably extends his stay in North Yorkshire, I think this is a shame. The White Rose, whatever its limitations when it comes to the quality of the orienteering on offer, is the sport's most sociable event and



is unique in offering the opportunity of a central weekend campsite with ready access to up to six, maybe more, competitions over the course of three days.

Perhaps the relay categories themselves do not help and could be more flexible. Whereas there are two family categories – 1 Parent, 2 Children, and 2 Parents, 1 Child – I could find no category, apart from the Open Class, for two DVO families whose misfortune it was to have one or more children older than 21. Perhaps a Junior and a Senior Family category would spice things up a bit.

Unusually, I also had the problem of finding a fit for a team of 1 Man and 2 Women but had to pitch our women against others in the '+ 1 Woman' (i.e. longer distance) category. It seems that even with a profusion of relay classes, you still can't please everyone.

Plans are afoot for a White Rose '18 (venue to be announced) and '19 (back in Scarborough) so EBOR seem quite content to continue to hand out mugs and Toblerones to all and sundry, and for so long as they choose to do so, I'll be in line – we even got an offer of a mug for helping to take the marquee down.

The opportunities to win these trophies seem to grow every year with night events, sprint events, middle distance and 'classic' distance events supplemented by Trail O, Maze O, Photo O and the essential Quiz. There was even a welly-wanging competition on offer this year. White Rose 2017 was a particularly

memorable one being blessed with spectacularly good, hot and sunny weather – surely the best ever, a stand-out in a field characterised by many gloomy, cold and wet antecedents. The terrain, whilst hardly living up to Steve Whitehead's pre-event description of *"runnable plantation or natural woodland with bilberry or no undergrowth; no bramble and only patches of bracken easily avoided in places"* (he blamed the Forestry Commission for some late pruning leading to changes in the courses) was physical but indeed runnable and enjoyable. When you come to the White Rose, you can't reasonably ask for more.

The only event outside the Collis Rigg area north of Helmsley was the Helmsley Sprint itself. This cannot pass without comment, being the subject of some controversy. The Start and Finish were both sited at the top end of a cricket ground which included Helmsley's open air swimming pool (one of only three in Yorkshire, for the benefit of collectors of useless information). When I tell you that seven of my eighteen controls were actually in the cricket ground, you might, and with some justification, feel that the place must have been a bit crowded, particularly as there was a cricket match going on at the same time as our competition. This is what I'm talking about:



I draw your attention in particular to the first control, the description for which was Building, Outside South-East Corner. The building in question was the grey structure appended to the north of two white rectangles. So far as I can see, white still means runnable forest even in sprint orienteering but what this amounted to was a shed attached to a sort of mini-grandstand with a bench from which to view the match. The whole wooden edifice was sited entirely inside the cricket ground, but access to the eastern side could only be gained from outside the ground, i.e. the other side of the boundary fence. It was a dog's breakfast of a control, made worse by the fact that the grandstand was incorrectly mapped (I'm told) – it should have had a thick black line down the middle to show this was uncrossable.

EBOR were obviously alive to the fact that this control was likely to cause difficulty particularly since it was the first control, and the absence of the thick black line suggested easy access could be gained from the west, inside the ground, just behind sight of the bowler's arm. An official had been positioned at the top of the pitch to tell people that they had to use the gate to get to the control. Unfortunately this fell on deaf ears so far as I was concerned because there was a W10 just in front of me and I assumed this instruction was for her benefit, not mine. I ploughed on regardless inside the ground, searching for a non-existent first control on the wrong side of the fence, thereby simultaneously annoying both orienteering and cricket officials.

The confusion caused by concentrating 40% of the course within the same cricket ground replicated itself on my return. Some competitors, having reached my Control 16, saw that the line led straight to the Finish and opted to end their run at that point, oblivious to the two further controls beyond. I adopted a slightly different tactic. On arriving at 15, I started to plan my route to 17, this being slightly more problematic than 16, which was part of a children's playground. It was such a Noddy control that I ran past it altogether, possibly assisted by the gaggle of children using the playground for its intended purpose, fully obscuring the control and thereby disqualifying me into the bargain. It was one of those runs, but the experience does serve, I think, as an object lesson to anyone planning a Sprint or Urban event: don't try to make things too complicated and don't try to be too clever, especially on the first control.

I normally take the view that three White Rose events in a weekend are enough and will follow that advice in future.

## CompassSport Cup Final, Virtuous Lady, Devon

Anticipation and excitement are reaching fever pitch as we approach the CompassSport Cup Final on 22<sup>nd</sup> October. To the 27 names in the last edition of Newstrack, I can now add several more, making over 30 DVO representatives heading Devonwards.

It's not too late to have your name added to this list. It is important that DVO put in a decent effort for the sake of the competition and the club. Everyone can play their part even if only a humble one, as mine usually is.

DVO has until Sunday, 8<sup>th</sup> October to confirm its team. I will arrange for a link to the team listing to be put on the DVO website in the week before. Can people please check the information recorded and let me know of any mistakes.

In case you weren't aware, there is a Quantock event on the Saturday so the undoubtedly long journey can be transformed into a weekend break. Details are here:

<https://www.quantockorienteers.co.uk/events/st-audries-qofl2-2017-10-21>

The Devonshire Orienteering site has final details for the Virtuous Lady event save for course lengths. This is not a contactless event so normal dibbing rules apply. Some people use a different dibber according to the format so, if you are one of them, can you please confirm which dibber it will be.

Good luck to everyone on the day. Make your club proud!

Graham Johnson ([serendipadeedoodah@gmail.com](mailto:serendipadeedoodah@gmail.com))



**Sshhh! Margaret Keeling is 70 and her cake features the O map of her home town, Wirksworth!**



## Scouts 'Activation Weekend' Report

We had been asked if we would like to put orienteering on at the Derbyshire Scouts Activation weekend at Carsington Reservoir in early July. This was the fourth time they had held the event, which provided taster sessions for Scouts (on the Saturday) and Cubs (on the Sunday). Around 500 youngsters signed up for the weekend and on offer were – artificial caving, crate stacking, canoeing, sailing, bushcraft, archery, biking, rock climbing, pyrography and more...

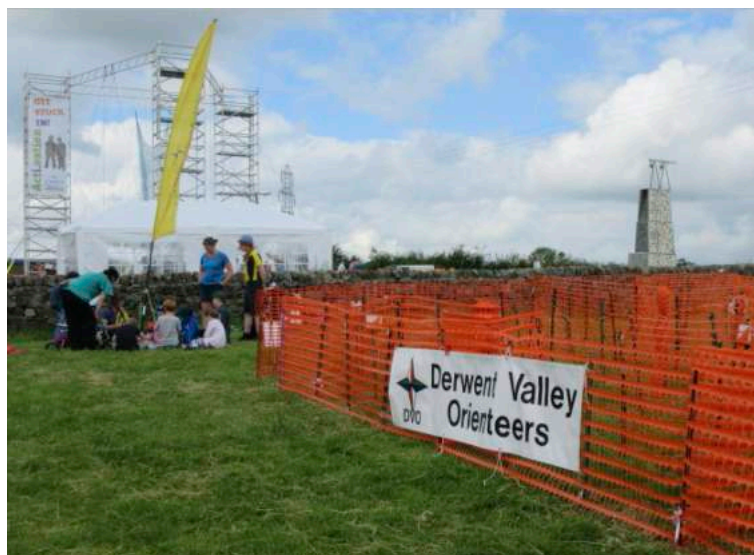
There were four sessions each day with a 45-minute break between sessions to allow any catch up time, eating, drinking and loo visits. We went for two experiences – a maze on the field where all the main activities were held and a score orienteering course (odds and evens for the older children and score for



the younger ones) on Stones Island. Some of the scouts looked a bit morose about it but the cubs were all really enthusiastic. Some just ran round like headless chickens until they bumped into controls; others looked carefully at their maps. Many were interested in the electronic punching. They had 20 minutes to do this and then we rang a school bell on the top of Stones Island to get them back to the Finish.

We had around 50 on the Saturday and 40 on the Sunday and handed out the leaflets for forthcoming DVO events. Liz asked one very able Scout if he would like to take up orienteering but he explained to her that he was already "a very busy boy"!

There was quite a bit of hanging around between sessions and Ann-Marie and her maze team spent a fair part of the day walking up and down from the field to Stones Island with the children (and some scout helpers). If we decided to do it again next year (30 June and 1 July), then it would make more sense to put the maze down at Carsington as well as this would reduce the helpers needed and make it more visible to



the public. Providing we sort out the insurance we would also open it to the public in between the scouts sessions as a number of people looked interested in it.

Our thanks to Ann-Marie, Helen and Neil, Liz and Mike for putting up the maze on the Friday and to Ann-Marie, Rob Smith, Andy Mackervoy and Jane Stirland for running the maze. Thanks to Ranald for planning the courses on Stones Island and to Helen, Di Blount, Stuart, Mike and Liz, Jen and Derek for helping us run the event at Stones Island.

Viv Macdonald

## Matlock Level D events – Summer 2017

As we had a successful summer series last year, Matlock O club ran a summer Level D series again in June and July 2017. Our venues were:

**Bottom Moor** - nearly ruined as the Forestry Commission had given us permission and when we got there, the local worker knew nothing about it and they were felling and loading through the night. They did agree to stop for 90 minutes whilst the orienteering took place – that was a relief. Good courses planned by Jane Burgess.

**Lea Green** – a new venue for us on a Wednesday and a beautiful evening. Judith had planned short, medium and long sprint races - perfect for the venue.

**Whitesprings** – back again after many years of not orienteering there. John Cooke updated the map and Judith planned. It paid to keep running fast to avoid the horseflies.

**40 Acre Wood** – good courses planned by Ranald in our small but perfectly formed wood (some of which is being built on by Darwin Forest Park). But the worst weather we had with temperatures of 8 degrees and wet.

**Oker Hill** – our house is on the map and we love this small but beautifully contoured hill and it was very dry, which was a bonus. Great courses planned by Tony Stirland and a challenging area for those who had got used to woods and parks.

**Whitworth Park** – our final event with great courses planned by Jake O'Donnell (with a little help from his Dad, Chris) - short score, medium mixed and long map memory which was a good challenge for the evening.

Over the six weeks we had 86 adult runs and 47 junior runs, so well worth putting on but it would be good to get more novice planners and organisers involved. Strangely, we also got fewer juniors than we had last year – too many other things to do I think – but a lot of stalwart DVO members who enjoyed the chance of coming to orienteer in the middle of the week.

At the Whitworth event we gave out our awards to:

**Connie Brocklehurst and Sam Smallwood** for over 25 controls

**Harry Brocklehurst and Mary Finlayson** for over 50 controls and a trophy to **Harry** for coming top junior at 40 Acres, Whitesprings, Oker and the Whitworth.

**Richard Parkin** – trophy for top senior runner – he won all the 5 events he took part in.

**Sara Lewis** – Most Enthusiastic Newcomer – braving all the weathers.

**David Vincent** – Champion Control Collector – helping collect controls at all the events - much appreciated.

**Jake O'Donnell** – a special "Outstanding Performance" trophy for excellent runs throughout the series, including all three courses at Lea Green and only 30 seconds behind Richard on the Long course. He won the Long course at 40 Acres and planned the Whitworth event.



Thanks to everyone who helped plan, with starts and registration and control collecting and to all those who came along.

**Viv Macdonald**



## Simon Davis 1962–2017

Simon called himself a runner, not an orienteer but he loved the family atmosphere at orienteering events. As with so many runners, he would often tear off and run straight past the controls.

In the early days, he would often help out organising the String course, cycling to the event to take over from Rachel so she could get her run in. He was a DVO member off and on for the past 15 years, and often took part in Club Champs.

In 2017 he was present at JK cheering people on and was even orienteering at a NOC event the week he died. Simon had been suffering from depression for the past few years but in June 2017 after a short relapse, he lost his battle with depression and took his life. Donations from the funeral amounted to over £3000 for the charity CALM (Campaign Against Living Miserably). If one good thing comes from this, let it be that men start talking and realise that it's ok to not be ok.

A running club member wrote this poem about him. It was read out on a memorial run to Oldmoor Wood shortly after he died. About 180 runners from five clubs were there.

Rachel Davis



### Road Shoes Are Fine

by Ian Hunter

Ilkeston Running Club

You'd find him in the fields  
You'd see him in the woods  
Alternative run he'd say  
We'd all say oh good!

An encouraging club captain  
An Ilkeston legend  
A red and white hero  
Commitment unquestioned

He loved the Cross Country  
Knee deep in shite  
Running for Ilkeston  
In the red and white

Often seen on the fells  
He liked a run to be tough  
Cross country it seems  
Just wasn't hard enough!

Tonight's route Simon,  
What shoes should we wear?  
Will it be muddy?  
Will there be bears?

Off road option  
Where will we go?  
Stampeding cows?  
Does anyone know?

Are slow runners welcome?  
Will we be back by 9?  
He said don't worry  
Road shoes are fine!

So tonight in the Woods,  
In our shoes, road, fell and trail  
In the countryside he loved  
We'll all tell his tale.



## Tom Palmer 1963–2017

Tom had worked at Abbotsholme, an independent school with a strong emphasis on personal development and Outdoor Education, for almost 25 years. He was about to embark on an exciting new chapter of his life in Kazakhstan when he sadly passed away.

Tom was the Deputy Head at Abbotsholme, but had previously been Head of Outdoor Education until 2007. He was passionate about the outdoors and the opportunities it gave young people, his drive and enthusiasm in all areas of school life will be remembered for a lifetime by staff and pupils alike.

One of Tom's many interests was orienteering, and in recent years, he had focused more on its development at the school. He founded the Abbotsholme Orienteering club and facilitated its programme of training and development, which went far beyond the normal school outdoor curriculum. He organised the regular programme of internal and external events, drove pupils to local and national competitions, helped design the school orienteering top, and involved DVO in training and the re-mapping of the school

site. He not only hosted a number of local orienteering events based at the school but also played a major part in the National Adventure Race Program for Independent schools.

The school performed well in competitions, and many pupils were extremely successful; a great achievement given the school's size. BUT it was the large number of pupils of all ages that regularly took part, who grew in confidence and ability, but above all shared his joy and enthusiasm, that gave him the most pleasure.



Rory Sellar  
Abbotsholme School 2007–2017

Tom's funeral will take place at Markeaton Crematorium on  
Friday 3rd November at 11.20am



## What's Green and Hairy and tickles your knees? Answer: Baxton's Strip

That'll be this year's White Rose camping field then. Five kilometres up the tiniest of country lanes north from Helmsley, the tarmac terminating just beyond the camp site at Rievaulx Bank, complete with trig point and wide vistas of purple heather moorland as far as the eye could see. And as far as White Rose areas go, this was alright.

The farmer could have got a substantial crop of grass from the field, as it really was knee deep all over when we arrived. But flattened trackways soon appeared, all roads leading to either the marquee, toilets or 'O' Nosh, depending on your particular needs at any given moment.

Arriving at dusk after a surprisingly clear drive up the M1/A1, we luckily spotted Val heading towards the middle of the field. Following her lead, we pitched Mackervoy Towers alongside the Johnsons, just in time before the light finally failed for the evening – 8.30 always seems too early for August. Then the midges descended, and Dai Bedwell came over to say hello on his way to win DVO's first Toblerone as 1<sup>st</sup> in the VM class in the Night Score event. For the record, Derek Gale also podiumed with a 2<sup>nd</sup> in the UVM class.

Saturday was a middle distance event, which meant my Short Brown was 4.2km with 90m climb. The area roughly split into three sections, with the south-east corner having plenty of muddy wet paths around bracken-covered blocks of woodland, the north-east being a clear-felled steep slope with pits, spurs, and depressions, and then back west into a block of forest that had been thinned out to leave reasonable runnability along the stump banks but plenty of brashings to trip you when going across the grain.

From past experience of running too hard and navigating too softly in similar areas, I made the conscious decision this year to go steadily and think what I was doing. Consequently I had a generally satisfying experience, even if the timekeepers had me down as 15<sup>th</sup> out of 19.

In the afternoon, some nutters keen folk then did the Urban Sprint event around Helmsley, while the more foolhardy (i.e. us Mackervoyes) had a dip in the delightful open air Lido swimming pool. Thankfully hypothermia was successfully averted by the fish & chips supper thereafter.

Sprint podiums were achieved by Sophie Vincent 3<sup>rd</sup>, Margaret Keeling 2<sup>nd</sup>, and Jake O'Donnell 1<sup>st</sup> in their respective classes.

Sunday was a Classic distance day, also including a mammoth 2km trek in and out of the area. My course was then a further 6.9km with 135m climb, and combined a network of boggy paths through open woodland, a large patch of rough open heather moor, and a bracken-covered valley at the furthest point from reasonable rescue. Thank goodness for the plentiful supply of blackberries providing vital

encouragement as I doggedly stuck to the task of trying to navigate properly. And in the most part I managed to do so, with an improving position of 13<sup>th</sup> out of 20, and a weekend combined place of 14<sup>th</sup> of 21 (I guess some blokes did one day and not the other).

Meanwhile, others were faring a bit better than muggins, so it is my great pleasure to record the full DVO mug collector's roster (to the uninitiated, all podium places earn a mug at White Rose):

**1sts** Jake O'Donnell M12A, Peter Mackervoy M16B, William Gale M20S, Michelle Mackervoy W45L, Claire Selby W45S, Nicola O'Donnell Light Green.

**2nds** Graham Johnson M60L, Elizabeth Bedwell W20L.

**3rds** Chris O'Donnell M45S, Grace Pennell W16A, Sally Calland W40L, Val Johnson W55L.





Other notable victories included Graham and Val claiming third place in the White Rose quiz (more Toblerone), and the DVO contingent outlasting all-comers around the barbecue on Saturday evening, when the midges and deepening gloom had driven the more sane brethren back to their tents.

And so to the Monday relays. The format was as previous years where each team of three runs four legs: first one back goes out again for a second helping. DVO Mercury (M160+) comprised me running the long leg, Graham and Dai running the mediums, with Dai doing the final short loop too. My main target was simply to get round cleanly and not let the team down, while secretly dreaming of winning a mug. I'm not known for my navigational ability, but I do have a reasonable memory for places I've been before, and the relays were run on the same map that we used on Saturday. Thus armed with knowledge of the terrain, and feeling fitter this year than I have done for a long time, this was the moment. We all ran clean and pushed hard, and with individual leg splits of 3<sup>rd</sup> (me, and Dai) and 1sts (Graham and Dai) from the eight teams there we were, top of the podium! For me it was a first ever win at an Orienteering event, made doubly sweet because after the White Rose here six years ago I left barely able to walk, and was heading home for eventual surgery on the cartilage of my left knee. Don't ya just love a happy ending?



To complete the DVO mug collector's roster, DVO Venus (Michelle, Val and Karen) came 1<sup>st</sup> in the B120+ women class too, making a clean sweep for the Mackervoy/Johnson/ Bedwell combos.

People sometimes bad-mouth the White Rose for the quality of orienteering in its gnarly forests and grotty undergrowth, but I prefer to focus on the whole experience. The brilliant friendly atmosphere, the cheap, basic camping style, and parking up on Friday night knowing you don't have to drive again until Monday afternoon if you don't want to. I'd recommend it to anyone looking for a fun way to round off the summer, and the more the merrier.

Now the drive home is another story...!

Andy Mackervoy

## DVO History

Dave Nevell

In January I said that the ongoing compilation of a register of all DVO events had so far yielded 631 and speculated on whether further research coupled with a step forward to the club's 50<sup>th</sup> birthday might find that total close to 1000 by then. I'm pleased to say that with the help of the on-line Newstracks and a delve into pre-Newstrack EMEWS (many thanks to John Hurley and Mike Gardner here) the running provisional total as I type has reached almost 900. There's still a fair bit of checking to do but I am hoping this list can be made available on the website in the not too distant future. In the meantime, it's just possible that there are folk out there who could fill in on a couple of periods where the records may not be comprehensive. Firstly the foot and mouth year (2001, not 1967!) when there were a few street events that took place that need identifying. Secondly, any minor events before 1983, for example summer evening events. We have some years in the 1970s when there appears to have been a lot of activity and others not, so there is a possibility there are some missing. I know that's a long shot but there are quite a few of you around who do pre-date Newstack which first appeared in 1983. Any suggestions to me, Dave Nevell at [dnevell3@gmail.com](mailto:dnevell3@gmail.com). I am revving up to produce the second instalment of DVO's history – at this rate the projected finish date of that series might well coincide with the 50<sup>th</sup> birthday, although I suspect the event total is going to finish a little shy of 1000 at that point.

When I do finally get the whole event list sorted out maybe it could be used as the basis for a sort of DVO Wiki. Then members will have the opportunity to add results, maps, report from their own archives. What seems trivial today may be fascinating in the future, who knows? Anyway, that's just an idea, I have no idea how practical it would be and by the way, I am not volunteering to administer it – it's not my field of expertise.



In the last Newstrack we looked at DVO's record across 34 years of the Cup. Now we preview what will be the club's eighth final, some 30 years since the last time we won it. The club's overall record in finals is 1<sup>st</sup> (twice), 2<sup>nd</sup> (twice), 4<sup>th</sup> (once), 8<sup>th</sup> (once) and 9<sup>th</sup> (once). This year there will be no fewer than twelve clubs competing. Let's look at the form book. I have included two sets of predictions, mine and those of fellow crystal ball-gazer Francesco Lari, who made some good calls for the heat result (but in whose defence has less data to go on this time round).

**FVO** (5 year record, most recent first: 1<sup>st</sup>, 1<sup>st</sup>, -, -, -). A formidable force, talented and well organised. Most people's choice for the most successful club in CS finals would be SYO but this overlooks FVO's phenomenal record in the Trophy. Prior to self-promoting themselves from the small clubs' competition in 2015 (13 to count as opposed to 25), they had won the Trophy eight times in succession. Having run out of challenges there, they have then triumphed in the Cup over the last two years. In fact, nobody has beaten them since SARUM managed it in 2004. This year however may see their organisational efforts pushed as never before as the final in Devon represents an almost 1000 mile round trip. They are the holders, are going for a hat trick and no doubt this will spur them on. Their website indicates as much.

*2017 CompassSport Ranking: 3<sup>rd</sup>. My prediction: 1<sup>st</sup> Francesco's prediction: 2<sup>nd</sup>*

**SYO** (2<sup>nd</sup>, 2<sup>nd</sup>, 2<sup>nd</sup>, -, 1<sup>st</sup>). They may well be 12 times winners but they have failed to lift the Cup since we saw them off in the heat at Fineshade in 2013. That was however the only missed final in 11 years and they do make the podium every time, making them one of the clubs that could win if FVO slip up. Oh, and another thing – they have just won their very first Yvette Baker Trophy. It's still a long trek down to Devon though and this could tip the balance, especially against BOK.

*2017 CompassSport Ranking: 7<sup>th</sup>. My prediction: 3<sup>rd</sup> Francesco's prediction: 1<sup>st</sup>*

**LOC** (-, 2<sup>nd</sup>, -, 3<sup>rd</sup>, 2<sup>nd</sup>). The best club never to have won the Cup. Seven times on the podium in nine Final appearances but never on the middle step. Despite their excellent recent performances when they have made it to the final, they have struggled in qualifying, losing out to DEE a couple of times in the last three years. One of the "big four" in this year's final who could conceivably win if they really get their mojo together.

*2017 CompassSport Ranking: 9<sup>th</sup>. My prediction: 4<sup>th</sup> Francesco's prediction: 5<sup>th</sup>*

**BOK** (3<sup>rd</sup>, 4<sup>th</sup>, 1<sup>st</sup>, 1<sup>st</sup>, 9<sup>th</sup>). BOK really should be seeing this as their big chance to win back the Cup they last won in 2014. It's not exactly a home draw but the proximity of the final compared to their main rivals should ensure that they can mobilise a significant proportion of their considerable membership. Maybe they don't have the class that FVO have, but on their day they must have a chance. I tip them to beat SYO.

*2017 CompassSport Ranking: 14<sup>th</sup>. My prediction: 2<sup>nd</sup> Francesco's prediction: 3<sup>rd</sup>*

**OD** (5<sup>th</sup>, 8<sup>th</sup>, 4<sup>th</sup>, 2<sup>nd</sup>, 4<sup>th</sup>). Another CSC heavyweight but not the force they were when they burst onto the scene with a hat trick of victories in the Final between 2005 and 2007. During that period of seven consecutive podiums they had incredible strength in their junior ranks which they can no longer rely on. This will be their 13<sup>th</sup> final in a row; this breaks the record which they will be jointly setting with BOK this year. Beating them looks out of range although we were only a place behind them at Helsington Burrows in 2015.

*2017 CompassSport Ranking: 17<sup>th</sup>. My prediction: 5<sup>th</sup> Francesco's prediction: 4<sup>th</sup>*

**DEVON** (-, -, 7<sup>th</sup>, -, -). The co-hosts, on home terrain and despite only two previous appearances in the Final, will have high hopes of doing well. In recent years they have been bolstered by an impressive set of juniors who took them to victory in the Yvette Baker Trophy in 2014. Can they beat their previous best of 7<sup>th</sup>? It's possible; I would judge them among a whole cluster of clubs who on the day could get up to 6<sup>th</sup> place and

familiarity with Virtuous Lady could be the tie-breaker. The last hosts to win the CSC were BOK at Moseley Green in 2013 – don't expect that bit of history to repeat itself.

*2017 CompassSport Ranking: 28<sup>th</sup>. My prediction: 6<sup>th</sup> Francesco's prediction: 9<sup>th</sup>*

**SN** (-, 10<sup>th</sup>, 3<sup>rd</sup>, -, -). Were runners-up in the very first final in 1983, returned in 1984 then had a 25-year gap before their next appearance. Have the capacity to do really well as their recent third place at local (for them) area Long Valley shows. However, their winning qualifying score was low in comparison to other heats. Could be a tight tussle for DVO, we were 9<sup>th</sup> in 2015 when they were 10<sup>th</sup>. A definite team to target.

*2017 CompassSport ranking: 33<sup>rd</sup>. My prediction: 9<sup>th</sup> Francesco's prediction: 7<sup>th</sup>*

**NGOC** (-, -, -, -, -). NGOC got to the final on the coat tails of BOK (who were top 3 last year), but were a long way behind; nobody scored more points than BOK in qualifying. This is their first ever appearance in a Cup final although they did make third place in the Trophy as recently as 2013. The last team to win the Cup on a debut appearance was OD in 2005. That's not going to happen again.

*2017 CompassSport Ranking: 46<sup>th</sup>. My prediction: 10<sup>th</sup> Francesco's prediction: 12<sup>th</sup>*

**CLOK** (-, -, -, 7<sup>th</sup>, -). Have already done really well in putting out habitual finalists AIRE in their heat but as one of the teams with the furthest to travel, I don't expect them to pose a major threat to DVO. This will be only their third final, having previously made it through in 1996 and 2013.

*2017 CompassSport Ranking: 50<sup>th</sup>. My prediction: 11<sup>th</sup> Francesco's prediction: 10<sup>th</sup>*

**SO** (7<sup>th</sup>, -, -, 5<sup>th</sup>, -). For a big club (the second largest in the final behind BOK), their record in the Cup isn't that spectacular despite having reached a total of 12 finals. They have had just one trip to the podium in that time; 2<sup>nd</sup> place in 2003. We had a close fight with them at Moseley Green in 2013, our fourth position pipping them by a single place. Another definite team to target.

*2017 CompassSport Ranking: 60<sup>th</sup>. My prediction: 7<sup>th</sup> Francesco's prediction: 6<sup>th</sup>*

**MOR** (-, -, -, -, -). They have never competed in the final before although it's possible they have qualified and not sent a team (MAROC in 2013 and 2014 are recent examples of this). Given that they would have even further than FVO to travel, it would be a surprise to see them at Virtuous Lady in any numbers.

*2017 CompassSport Ranking: 66<sup>th</sup>. My prediction: 12<sup>th</sup>. Francesco's prediction: 11<sup>th</sup>*

And finally....

**DVO** (-, 9<sup>th</sup>, -, 4<sup>th</sup>, -). In terms of membership, we are about the fifth largest club in country, so bearing that in mind, and the fact that Derbyshire is well-positioned in the country to attend events, the club has probably been punching below its weight in the CSC over the last decade. The exception to this was the fantastic 4<sup>th</sup> place finish of 2013. But qualifying in the first place is always tough and no slight is intended on the tremendous efforts of the Captains to rally support, or indeed the members who have competed. This time round it will be difficult again as the Final is out of range for a comfortable day trip and that can make all the difference. For that reason I think a realistic aspiration might be a close fight with SO and SN for 7<sup>th</sup> to 9<sup>th</sup> place. I'm going down the middle.



*2017 CompassSport Ranking: 49<sup>th</sup>. My prediction: 8<sup>th</sup> Francesco's prediction: 8<sup>th</sup>*

So, in summary, maybe four clubs that could win it on the day if they are really organised and things go their way. Thinking very broadly, anything from 6<sup>th</sup> to 10<sup>th</sup> might be DVO's fate. But what do I know? Good luck to the team – have a great day.

*Near to the confluence of the two rivers on the map shown in the April Newstrack*



# WSC

**When Sunday Comes**

(Except when it's Saturday or Wednesday)

RDO – Real Derbyshire Orienteers. Fanzine No 23

*We have a dream*

## Bolt from the Blue

Old Derwentian Chairman puts in a bid for the 9-time Olympian champion (page 4)

Could this spice up the East Midlands Urban sprint league? (Page 7)

Yes (pages 92-96)

Inside feature: How delusional is your club chairman?

CAUTION: THERE MAY BE FUTURE EDITIONS OF WSC

### RumpassSport Cup Final

Remember the first principle of Real Orienteering. It's not worth getting that worked up over a bit of shiny metal. Eighth place will be fine. Anything higher than that and it will look like we care. Just saying.

### Orienteering – The Opera

Music lovers in Buxton are in a lather of excitement over the prospect of next month's world premiere performance of *The Dibber* at the Opera House. "Jerry Springer had one, the man who mistook his wife for a hat had one, and for goodness sake Shostakovich even wrote an opera about a giant runaway nose called *er....The Nose*, so we are not in uncharted territory here" quoth a spokesperson, unconvincingly. "I can't give too much away other than to say it encapsulates the age-old struggle between good and evil, or should we say SportIdent and Emit. We also have the most appropriately named opera singer we could find, Ryan Speedo Green. No need to Google, just trust us".

*"Uncompromising Total O with arias" – The Chapel-en-le-Frith Clarion.*

*"Well bad" – The Financial Times*

### Gadgets You Never Knew You Wanted

Well why not? Allegedly, all available at Lakeland.

Dibber Rack. A.k.a. a rack for dibbers. Available in polyethylene terephthalate or walnut. Magnetic option also available.

Spare dibber rack. You can never have enough of these.

Keep misplacing your whistle? You need the fool-proof unlosable whistle. This whistle responds with a distinctive peep when activated. Comes with its own special activating whistle. Magnetic version available.

Vegan thumb compass... (*Ok, that's quite enough of this sort of thing – Ed*)

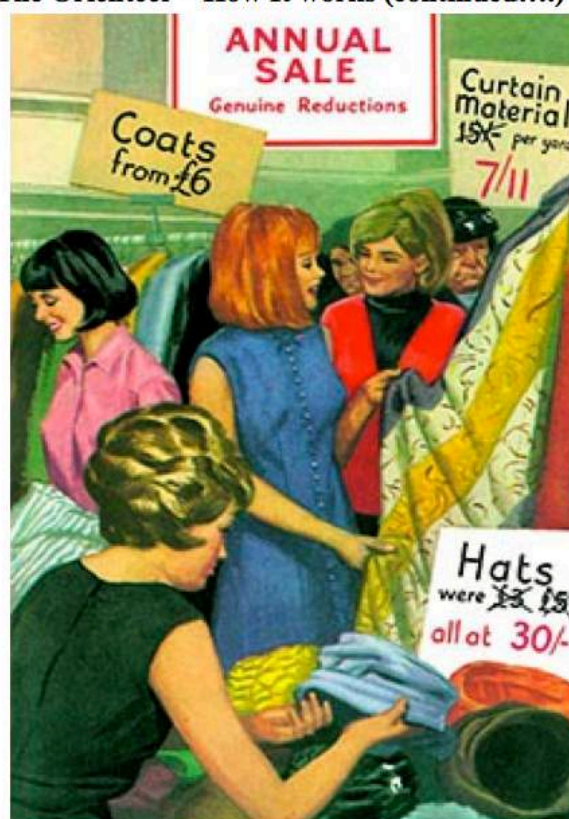
### Let's Speak Esperant 'O'

This month's useful Esperanto orienteering phrase. Also a great chat up line:

"Eniru kaj vidu mian raketon. Ĝi estas farita el juglandarbo"

"Come in and see my dibber rack. It is made of walnut"

### The Orienteer – How It works (continued....)



Orienteers love to wear flashy sports gear.

Vendors have stalls selling kit at many of the larger events.

Ultrasport are doing brisk business.

"Lycra is just so passé" muses Jennifer.



From the casebook of reporter extraordinaire Miles Piles, WSC is proud to present .....

### **The Mystery of Cromford Rocks – Part Three**

*The story so far: Bob McNut, editor of Gripple Monthly, has seemingly fallen under the influence of evil chutney magnate Sir Branston Pickles and has been coerced to stand for the vacant Chairman's position at the Big Orienteering organisation (BOO). At the election meeting it has become clear that Pickles has mobilised his workforce in order to vote in McNut as a puppet chairman. Now read on.....*

It was time to take stock of the situation. On such occasions, I usually drove up to Stanton Pastures, climbed up on to the high ground and let the views and the clean air clear my head. I cast my mind back to the BOO chairman election meeting. What more was there to say about it? Pickles, having already departed pursued by Robin, was nowhere to be seen but his chutney plant workforce, all recently paid up members of BOO, had voted to a man for McNut's election. Never can there have been a more miserable looking victor. There were some long faces too amongst the BOO officials but what could they do? Robin had had little luck in tracking down where Pickles had departed too, but we did have a slight lead. As he had chased after him a dark saloon had drawn up at the kerbside, clearly intended to pick Pickles up. For reasons Robin had failed to fully explain to me or even to himself, he had shouted out to attract Pickles' attention. The chutney magnate had hurriedly got into the car and slammed the door but in the process he had dropped a document to the pavement. That document turned out to be a map of Cromford Rocks with many a strange marking it. We had pored over it for hours and even gone up to the area itself but we were still perplexed. This story looked like it might eventually find its way to the front pages of the Belper Thunderer but for now we had to keep this under wraps in order to land the really big one later on.

The wind ruffled my hair. What else had happened? Well, some rather odd things were starting to happen in the world of BOO over the last two months since the election. Unexpectedly there had been a huge hike in membership fees, supposedly to support "essential restructuring". The membership appeared to have gone along with it; McNut seemed to have their trust, for the moment. But what was this money really needed for? This had Pickles' grubby fingerprints all over it. Since coming out of jail it had been all too quiet on that front. His pickle empire was ticking over but what else was ticking? I cast my eyes down across the terrain that had almost ended up as yet another one of his processing plants. Did he still have designs here? Or had his attention switched to Cromford Rocks? As I stared at the moorland I saw a figure down below stumbling up the slope towards me. It was Robin. After a few minutes he arrived, flushed and panting. "I'd thought I'd find you here," he gasped, wheezing loudly. "I've got news." It was clear I was going to have to wait for this vital news as he proceeded to crouch down and recover his breath. The next few disjointed words I heard included "outbreak", "Cromford", "larch", "weevil", "rocks" and "emergency". It didn't take much imagination to work out what had happened. The details were quite shocking. CLOT (the Commission for Lots Of Trees) had just discovered that a large part of Cromford Rocks had been recently hit by the dreaded Larch Lurch infection, known to be transmitted only by the three-toed Hungarian boll weevil. There could only be one suspect, Kevin. The problem was, how to track him down? This particular boll weevil was a master of disguise. He had already variously passed himself off as Dale Winton, Colin Montgomerie and Anne Widdicombe with great success. He was unpredictable and cunning. He was most certainly trouble.

"I need you to get down to Cromford Rocks as soon as possible" I said to Robin, who was now more or less back to normal, although normal wasn't much of an improvement. "I'm going to head over to CLOT. This is a story we can publish but I suspect there is more than meets the eye." Robin looked thoughtful. "You think Pickles might somehow be involved in this as well?" "I don't know," I replied, "But orienteering is under threat and we know he's got orienteering on his agenda, which is a bad place for it to be. See if that map we found ties in with any of this. Meet you back at the office last thing. And don't let on about any Pickles connection to anyone. We want this scoop for ourselves. The game is afoot."

### **Part 4 in November!**

## ISOM 2017 – a new mapping specification

Currently non-urban maps are drawn to ISOM 2000 (International Specification for Orienteering Maps), or at least should be. This defines the colours, symbols and other technical standards. IOF have now approved ISOM 2017 and this is likely to be adopted gradually over the next couple of years as new maps are produced and existing ones updated. The timescale has been published and from January 2018 all level A (Major) and B (National) events should use the new standard and level C (Regional) events from September 2018. Changing an existing map is not a trivial task especially as it might involve some re-survey. DVO's first use of an ISOM 2017 map will be Richard Parkin's new map of Eyam Moor and Bretton Clough in December.

So what differences will you notice? For a lot of the detailed technical things like the width of lines, size of gaps etc then not much. But there are some significant changes.

Currently you will find brown, green, blue and black crosses on maps showing special features of the relevant type (earth, vegetation, water and man made). Now you will find brown triangles, green crosses, blue squares, blue stars and black crosses so reducing the confusion between green and blue on yellow background in particular. The exact definition of these must be included on the map as they can differ from map to map (and I would expect to find them in the final details as well for major events).

Areas of scattered bushes can now be distinguished from scattered trees by using green dots rather than white dots.

The grey canopy symbol has been adopted from the sprint map standard for things like an arcade through a building.

The ride symbol can now have a background to show how runnable it is, though this is formalising something that was sometimes shown.

There is now an official definition of the density of dots for stony ground and broken ground to show slow run, walk or fight. Again formalising something that was taken for granted before.

A new very dense green (actually green with some black) is used for impassable vegetation as opposed to solid green for fight. But unlike sprint standard maps it is not illegal to cross this, although unlikely that you could.

The specific BOF symbol of a brown triangle for a platform will be replaced with an open brown triangle but the new symbol is always orientated north where the old one was usually rotated to suit the situation.

The map issue point can be shown separately from the start, together with the extent of the marked route. This is already in the ISSOM specification and fooled people in Barcelona. Did anyone notice on the maps at The Meadows recently?

Out of bounds areas should now be shown with cross hatching rather than vertical purple lines. This may depend on course planning software like Purple Pen being updated. And also may cause confusion as this is the old "dangerous ground" symbol.



Some examples of changed symbols:

	Open land with scattered bushes
	Open land with scattered trees (as now)
	Rough open with scattered bushes
	Rough open with scattered trees (as now)
	Narrow ride (walk)
	Narrow ride (runnable)
	Gigantic Boulder (note white centre)
	Prominent water feature
	Well, fountain, water tank
	Veg. boundary (as now)
	Veg. boundary in rocky areas - note green
	Broken ground (as now) (dots should be random not rows)
	Very broken ground
	Prominent landform feature e.g. platform
	Stony ground (run)
	Stony ground (walk)
	Stony ground (fight)
	Trench
	Canopy (as on Sprint Standard maps)
	Map issue point on marked route to start
	Out of Bounds area, cross hatched instead of stripes

**Mike Godfree**, DVO Mapping Coordinator

## A Year in Grenada

## Sophie Gordon, DVO & UBOC

As soon as I arrived to study in Granada in southern Spain last September, I started looking for local orienteering groups. After all, what better way to explore the area than orienteering? Joining Club Veleta was one of the best choices I made on my year abroad: it led to many adventures, successes and mishaps in equal measure! Here are some of the highlights...



Having had a running break for three months following jaw surgery I wanted to ease myself gently back into orienteering in November with a nice short local event – unfortunately that one was cancelled so my first experience of Spanish orienteering was a four-hour score event in the ‘Badlands’ of Guadix! I arrived and met my partner Juan who the organisers had kindly paired me up with. *Luckily it wasn't too much of an early start as the*



event started at 1pm, which was odd for me but Juan explained that “It’s winter, it’s cold in the mornings!” (Although I will point out that it is true that it gets cold in the winter in Granada!) We had a few minutes to plan our route and then set off through the fantastic landscape, which as a geographer I found very exciting. Discussing route choices, I managed to learn the words for ‘depression’, ‘reentrant’, ‘ridge’ etc. which they don’t tend to teach you in Spanish lessons. It did start to feel quite hard work after 3 hours due to my lack of running fitness, but Juan kept me going and we had already decided we were just going to enjoy it and not worry about the result. However, to my surprise we ended up winning the Mixed Couple category which was great!

Enthused by our success, I persuaded my flatmate Julia to sign up with me for a ‘Carrera Multiaventura’ which apparently included orienteering, archery and skateboarding among other things! Feeling keen, I signed us up for the intermediate level instead of initiation. Our race had three sections: an urban sprint, a longer distance orienteering part and the third part with activity checkpoints. We raced around the sprint and felt good as we started the second section. I was thrown by the complete lack of detail on the smaller-scale map, and after a bit of confusion on the first couple of controls, we saw one guy running on his own instead of in a pair, and I suddenly realised he was the chaser collecting in the controls so we must have been last! We kept only slightly ahead of him until he went to collect some others, and we realised we were running out of time and had to head back. So we didn’t even get to try the ‘multiaventura’ section! Perhaps I was a bit too optimistic... (hopefully Julia has forgiven me by now).



The next big event was part of the Liga Andaluza (equivalent to a level B event). It also counted for the ranking for the school championships so I travelled there on a coach full of very excited kids! Middle distance on the Saturday, followed by a sprint around the pretty town of Iznallof. I was pleased to finish third in the sprint, especially as the first two girls were part of a training squad in Madrid. The Long distance on Sunday felt smoother and I ended up winning my category, so I finished with enough points to come second overall for the weekend.





I also managed to have a go at mountain bike orienteering which I had never tried. Borrowed a bike and helmet, fashioned a map case out of a plastic wallet taped to the handlebars and I was ready to go. The half-hour bike ride up the hill to the event area served as a good warm-up, although when I arrived it was a bit intimidating seeing all the professional-looking bikes compared to my squeaking brakes! I had entered the initiation level this time (learning from the last time!) but it was still hard work – particularly

as the first half of the course was all uphill. I could tell it had been a long time since I'd been on a mountain bike but I really enjoyed it.

My last two orienteering events in Spain were a Friday night-O followed by an event on the Sunday. It was a beautiful evening with a full moon and an incredible fiery sky as we set off with a mass start at 10pm. I reckoned I had a good route plan and started well – but after a while I was sure my headtorch was getting dimmer, and then about 20 minutes in it suddenly died completely. I know, always put new batteries in! I could barely see the ground in front of me, let alone the map or any controls. I attempted to head towards some torch lights bobbing around ahead of me, wondering if I should just head back early to avoid tripping over in the dark. Fortunately, there was indeed a control, and I found a friend whose headtorch had also died so we ended up running around together using his phone torch. Unsurprisingly we didn't get a great result, but at least it meant I could keep going for the whole hour. Lesson learned for next time!



The Sunday event was rather interesting before it started, as I was persuaded to go out on Saturday night and in typical Spanish style arrived home at 8am... so whilst my flatmates went to bed I just showered, had breakfast, grabbed my stuff and headed out of the door. They thought I was crazy but I couldn't miss my last event! Amazingly I held out for the morning and didn't notice the lack of sleep as I was busy concentrating on the course. It was both physically and technically challenging, with rocks and crags, spiky vegetation and several butterfly loops. *Credit to the planner though, as despite the mass start (at 11am in the Spanish heat, why??!), the*





*crowd quickly dispersed and I was left to tackle my confusion on my own.* Having survived the heat and the bushes to finish in 1h 46m I assumed I must be last, but proving how hard the course was, many people were still finishing (or not finishing) and I ended up being first for my category. Good way to finish the year! But the best reward was the watermelon and homemade gazpacho (refreshing cold tomato soup) provided at the finish – I think DVO are missing a trick here...

Overall, I've had a fantastic time, and would thoroughly recommend anyone moving to a different city or country to keep orienteering. I discovered so many places I wouldn't have otherwise, as well as meeting lovely people and having some very memorable experiences – successful or otherwise!



### DVO VHI Selection

Congratulations to Andrew Powell, who has been selected as M35 Reserve to represent England in the Veteran Home Internationals 23–24th September near Grantown-on-Spey. The Individual event is at Inchriach, with the Relays at Balliefurth.











### Sports Personality of the Month

A self-nomination from the Editor! At the Longshaw summer event, a courier van pulled up alongside me in the car park, asking how to drive to the cafe. I said, "It's 3 mins walk that way." He said he'd been driving round for 10 mins looking for it and wasn't allowed to leave his van. I said "Shall I take it, if it isn't heavy?" He said "Yes please."

So I delivered some flowers to the cafe. Not once did it occur to me to use my O map to tell the driver where the vehicle access was! [insert face-palm emoji]

## DVO Matrix Part 4: White, Yellow & Orange

In this last Matrix of the series, we have a good mixture of Juniors, Seniors and families sharing their O experiences!

	How were you introduced to O?	Best thing about O?	Worst thing about O?	Post-race snack?
Alice Crane W14	My parents took my sister and I along when i was about six. We used to do the White together.	I like the running part. It's like running, but orienteering makes it a bit more fun.	When you go wrong and have no idea where you are, or you enter a course that's too hard.	Coke and crisps, but almost anything will do. 
Jake O'Donnell M12	My dad took us from a very early age (4) but I mainly got into it 2 years ago after the Scottish 6-days 2015.	The pleasure of knowing you are doing well on your course.	When you're driving home all wet. 	Sandwiches and fruit.
Mary Finlayson W40	I was introduced to O by my mum. She used to go off on her own leaving me and my brother at home, so we both wanted to go with her.	The best thing about orienteering is going at your own pace. 	Nothing.	A wafer bar and a cup of tea.
Sara Lewis W40	My children brought home a flyer from school about a local event. 	Ooh lots, fun, fitness, the challenge. I enjoy the range of courses that are on all year round.	None, though I felt very disappointed that I missed an event organised at the campsite in France where we were staying on holiday last month.	Nothing, I just drink lots of water as I'm not very good at drinking on the way round.
The Woodward family	Many years ago at Liverpool Poly.	It's got me running (I'm usually a cyclist).	Getting hopelessly lost ... again	Usually a Subway on the way home. 
The Howells family	Can't even remember being introduced to it, I wanted to give it a go for ages before I actually did. Now keen to get the kids into it too.	The kids would probably say wearing the dibber and beeping at the controls! It's great that anyone can do it, including as a family, and it gets you out and about, often seeing places that you wouldn't normally go to.	Not having enough time to do more! Life (generally children's parties and activities) gets in the way... 	Crisps or chocolate. Also during as an incentive to keep the kids going on less energetic days...
Leo Crown M12	Sarah Parkin first encouraged me and my mum to go the DVO club and I've loved it since. 	How do you feel about your rivals? I don't really care that much about my opponenets (though I can't say I don't enjoy it when I come first) unless it's Club Champs or a League event.	Most extreme event: Lindop 2017 as the paths were atrocious, mud everywhere, I slipped 3 times!	Definitely a bacon butty and chips at the nearest 'greasy spoon'. I would recommend the Grindleford Café.
Steve Hand M55	I saw the 2nd Jan (Belper Urban) advertised in the Angel on the market place, and as I'm already a runner (of sorts), and only live just up the road I thought I'd give it a try. Seem to have become a little 'hooked'.	It combines, walking and map reading (which I've done for seemingly ever) with running (which I've only been doing for 3 years), and makes for an interesting and occasionally demanding day. Other than just running, which can be a bit boring. 	My map reading is generally excellent, my running slow, but what I've not quite got the hang of yet, is finding the control points, when I know I'm within a few meters of the correct place.	I do suffer from post exercise RUNger, so anything I see is usually straight in my mouth.



## Colour-coded Awards 2018 and onwards – comments please

The introduction this year of giving 5 to 18 year olds the opportunity to gain **BSOA Explorer Awards** (certificates and badges) has proved very popular.



British Schools Orienteering Association badges and certificates, awarded for for controls correctly found

From the Derby Parks Series, 147 achieved an Award and at the South Derbyshire and National Trust Series 93. Also at the Matlock Orienteers local events 47 Juniors enjoyed their Orienteering and some gained Awards.

From the comments made to others and myself, it was obvious that by offering these Awards the attendance of children, young people and families at these Level D Local events increased. More participation will probably lead to more DVO members.

So to the future – at the Committee meeting on Tuesday 12<sup>th</sup> Sept, it was agreed that we build on these successes by developing a pathway of awards for not only the young beginners but also orienteers of all ages.

Looking at what other clubs do and what is offered nationally it was decided that a **DVO Colour Coded Award Scheme** was the best way forward. I was tasked with further researching such a scheme. Here a competitor qualifies for a Colour Coded Award by achieving, by themselves, the Colour Standard for that colour on three separate occasions.

My research and thoughts so far are that what we might offer a certificate and an (appropriately coloured) sew-on badge for each Colour Standard achieved. The certificates and badges would have the DVO logo prominently displayed. Competitors would be invited to apply for these awards when they reach desired criteria. A nominal amount, to cover associated costs, could be charged. Or could we offer the first Award for free if the competitor joins DVO?

A parallel to such a scheme offered nationally by British Orienteering are the Navigation and Racing Challenge Certificates (see July 2017 Newstrack). However, my proposed scheme would have a direct DVO link. British

Orienteering also offer the more advanced National Badge Scheme, but only Level A events count towards this.

Any comments, thoughts and ideas would be well received. Thank you.



Rex Bleakman [rexbleakman321@btinternet.com](mailto:rexbleakman321@btinternet.com)

### Excess Baggage

Not a lot of takers for this one. Here is the answer to the 6x6 logic grid puzzle about who owns which sports bag.

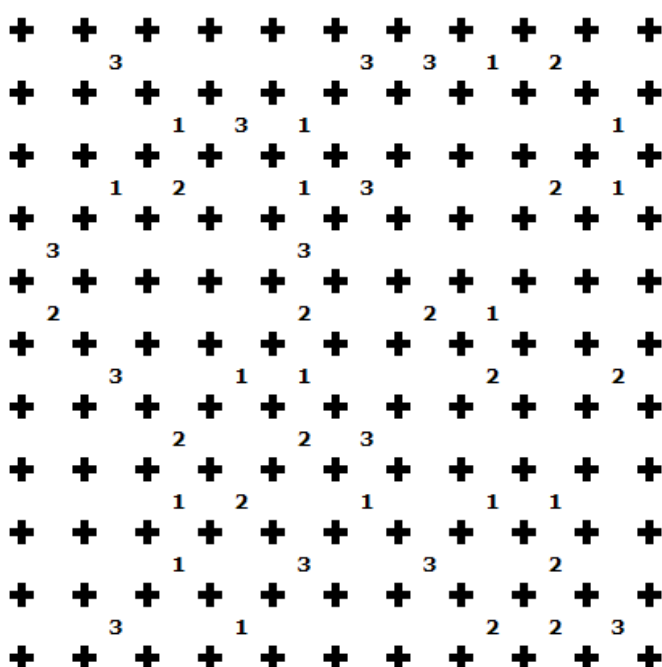
Fernando owns the Bistro 35 litre bag in grey  
 Gloria owns the Grunge 25 litre bag in silver  
 Ivan owns the Nebula 50 litre bag in orange  
 Kelvin owns the Lugalot 30 litre bag in black  
 Natalie owns the Acme 40 litre bag in green  
 Slug owns the Parrott 45 litre bag in purple

Francesco Lari, Donna Hawkins and Jen Gale all submitted correct solutions. I get the impression the solution wasn't uniquely forced, suggesting that there may be other solutions. But since you all found the same one, I don't think that can be the case.

For this time round. Here's a simple one to warm up with.....

### Leaky Container

At a recent event, Bill had to transport a plastic container of water weighing 10kg to the Finish. The weight of the water made up 99% of the total weight, with the container contributing 1%. By the time he reached the Finish some of the water had leaked away such that the weight of the water made up 98% of the total weight. How much water had he lost? Did that answer surprise you?  
 And the main course. I think this might be quite a challenge.



### Round the Edges



At a recent relay event at Symmetric Shrubs, Fred completed a continuous closed loop circuit that did not cross (or touch) itself. Each part of his route consisted of a straight run between adjacent markers (the + signs), but only in a N, E, S or W direction. Some of the blocks shown on the map indicate how many times he ran along the edge of that block. What was his route? The blocks that do not have a number in them are not constrained (i.e. they do not signify zero). Not every + sign has to be visited.

Answers to [dnevell3@gmail.com](mailto:dnevell3@gmail.com) by the editor's copy date please. Good luck.



## Forthcoming Fixtures (DVO, NOC, LEI, LOG & other)

\*\*\*Please check websites of organising clubs before travelling. Even for DVO events, this NT goes to press just before a Fixtures Committee Meeting, so there may be changes\*\*\*

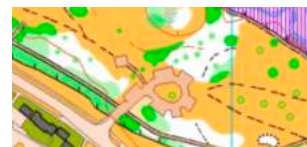
**NB new BO categories – M Major (former A), N National (B), R Regional (C), L Local (D).**  **East Midlands League**, **EMUL** = East Midlands Urban League,  = UK Urban League, **UKOL** = UK Orienteering League

### September






**Sat 30<sup>th</sup> L** **Shiple Country Park. Registration 1-3pm**  
**Sat 30<sup>th</sup> UKOL** Campbell Park, Milton Keynes. British Sprint Champs.  
**Sun 1<sup>st</sup> Oct UKOL** Wendover Woods. British Middle Distance Champs.

### October

**Sun 8<sup>th</sup> EMUL** Stamford Urban, nr Peterborough, see <http://www.logonline.org.uk/>  
**Sat 14<sup>th</sup> L** **Alfreton Park, Registration 1–3pm**  
**Sun 15<sup>th</sup>  13** **Burrough Hill, Melton Mowbray, see: <http://www.leioc.org.uk/>**  
**Sun 29<sup>th</sup> EMUL** **Chesterfield Urban, Registration 10–12 noon**



### November

**Sun 5<sup>th</sup>  14** **Boundary Wood & Haywood Oaks, Reg. 10–12 noon, see: <http://www.noc-uk.org/>**  
**Sat 18<sup>th</sup> L** **Stones Island, Carsington, Registration 1–2pm**  
**Fri 24<sup>th</sup> R** Night Event at Ecclesall Woods (see [southyorkshireorienteers.org.uk](http://southyorkshireorienteers.org.uk))  
**Sat 25<sup>th</sup>** **DVO Champs & Awards – Ilam Country Park !    **  
**Sun 26<sup>th</sup> R** Ecclesall Woods, Registration 10–12 noon (SYO)





### December

**Sun 10<sup>th</sup> N** **Eyam Moor & Bretton Clough, East Midlands Champs. Entry via**  
**Fabian4**  
**Sat 16<sup>th</sup> L** **Whitworth Park, Registration 1–2pm & Christmas drink in café**  
**Sun 17<sup>th</sup> R** Blacka Moor (near Grindleford), Registration 10–12 noon (SYO)  
**Sun 17<sup>th</sup>  15** **Outwoods (near Loughborough), see: <http://www.leioc.org.uk/>**



### January 2018

**Mon 1<sup>st</sup> EMUL** **Buxton New Years Day Score event, Mass Start 11am**  
**Sun 7<sup>th</sup>  1** **Strawberry Hill, Registration 10–12 noon**  
**Sat 13<sup>th</sup> L** **Lea Green, Registration 1–2pm**  
**Sun 14<sup>th</sup> R** Rivelin (near Sheffield), Registration 10–12 noon (SYO)  
**Fri 19<sup>th</sup>** King's Buildings Night Sprint Race  
**Sat 20<sup>th</sup>** Edinburgh Urban All 3 part of Edinburg Big Weekend  
**Sun 21<sup>st</sup>** Holyrood Park. Organised by EUOC  
**Sun 28<sup>th</sup> ** **Birchen Edge, Registration 10–12 noon**

### February

**Sat 3<sup>rd</sup> L** **Holmebrook Valley Park, Chesterfield, Reg. 1–2pm**  
**Sat 24<sup>th</sup> M** Pembrey Forest, British Night Championships, SBOC  
**Sun 25<sup>th</sup> N** Margham Forest North, SWOC

### March

**Sat 10<sup>th</sup> L** **Oker Hill, Matlock, Registration 1–2pm**  
**Sat 17<sup>th</sup> R** **Leicester Urban, see: <http://www.leioc.org.uk/>**  
**Sun 18<sup>th</sup> N** **Belvoir, Midlands Championships**



Can you find the plastic Neolithic replica boulder at Birchen Edge? It's on the O map, so no excuses!

## SMOC Coaching Weekend – the Mental Aspects of Orienteering

Coaching provided by South Midlands Orienteering Club on two DVO areas (DVO participants and coaches welcome). The weekend is aimed at participants on Light Green and above. Older Juniors are welcome, with an accompanying Adult. The areas are not suitable for young Juniors or inexperienced Adults.



**Saturday 21st October (afternoon)**  
**Harboro Rocks (near Brassington)**  
**Sunday 22nd October (morning)**  
**Black Rocks (near Cromford)**



There will be a small cost (to be announced when numbers are known).



Names to Steve Hardy, SMOC ([steve-hardy@hotmail.com](mailto:steve-hardy@hotmail.com)) by Monday 9th October please, so that enough maps can be printed. If any DVO coaches who aren't making the trip to Devon for the CSC Final are able to help, please let Steve know. Numbers are limited, and partly depend on the number of coaches available, so register early!

## Junior Inter-Regional Championships (JIRC) 2018 Relay Day Organiser Needed!

**Relays & Open Score Event: Carsington – Sunday 30th Sept (Planner: Ant Squires, NOC)**

The JIRC Relays take place early on the Sunday morning & awards will be presented by 12:30 so the Regional Squads can travel home. In the afternoon, there will be an open Score event (East Midlands Score Championships) starting at 1pm, using the same controls and Assembly area.

Teams from the 12 Regional Squads will be staying at Mount Cook Adventure Centre on the Saturday night. DVO's Sarah Pennell is Weekend Coordinator, and Ann-Marie is Day Organiser for the Individual Day at Chastworth. Sarah will send Final Details to the Squads and will support Ann-Marie and the Relay Day Organiser in providing arena facilities (parking, toilets, trophy presentations etc) all within an agreed budget. Helpers to be drawn from all the East Midlands clubs (DVO, LEI, NOC and LOG).

To find out a little more about what's involved, please call Ann-Marie on 07724 091531 or email [jasrduckworth@btinternet.com](mailto:jasrduckworth@btinternet.com)







## DVO Club Handicap Championships

Saturday 25<sup>th</sup> November 2017

(note revised date)

Ilam Park, Dovedale

A free event for all club members. Followed by a "bring a dish" lunch.

**Start times approx 10:30–11:30** depending on handicap. Your start time is set with the intention that everyone will finish together. So everyone has a chance of winning. Start times will be published on the DVO web site a few days before the event.

**Courses.** Short, Medium, Long. Roughly Light green, Green & Blue lengths. Plus a Junior course of roughly yellow standard.

**Entries.** Email to [Mike.Godfree@btinternet.com](mailto:Mike.Godfree@btinternet.com) by 19<sup>th</sup> November with name, SI card number (or hire) and course requested. Please try to enter in time to allow handicap to be calculated. No EOD.

**Trophies** Chris Yardley trophy to the first male to finish, Judy Buckley trophy to first female to finish. Chris Bourne trophy to fastest male, Karen Jackson trophy to fastest female. All these trophies in memory of club members. Lithuanian trophy to first to finish on the Junior course.

Trophies will be awarded immediately around 12:30. Together with the club's annual awards. We have the use of the classroom at Ilam Hall for hot drinks etc.

**Venue** Ilam Park, Pay & Display parking (NT members free)

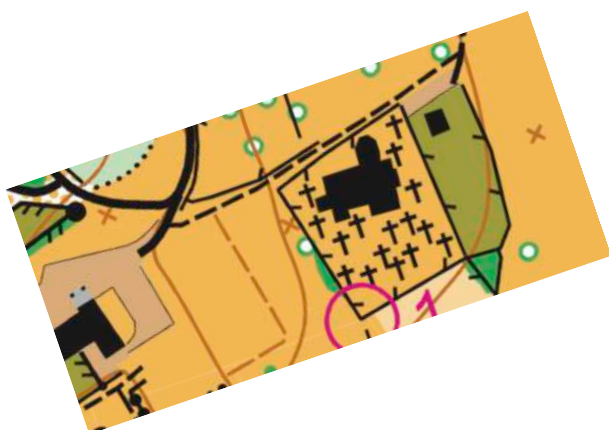
Post code DE6 2AZ, Lat,Long 53.055208,-1.802127

Grid ref. SK133509, what3words treating.shepherds.stud

From Ashbourne take A515 towards Buxton, left for Dovedale, follow road through Thorpe and continue to Ilam Cross, turn right and entrance is straight ahead. No O signs.

Organiser: Mike Godfree

Planner: Liz Godfree







All entrants received a  
slate coaster ...



Photos: Wendy Carlyle, AIRE

