



NEWSTRACK

March 2013



*The strikingly unusual trophy presented to the winner of
the W60 British Night Championship*

Newstrack is the magazine of Derwent Valley Orienteers

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The role of the Club Welfare Officer is to safeguard young people and vulnerable adults by the promotion and implementation of the British Orienteering, O-Safe – Child Welfare Policy and Procedures at a club level. They are also the first point of contact in the club for the reporting of concerns relating to the safety and welfare of children and vulnerable adult.

Editorial

The big news in this edition is that DVO are through to the final of the CompassSport Cup. There is a full report from Liz elsewhere in Newstrack. Thanks are due to Liz for getting such a good turnout of DVO members and for organising the coach which gave the whole thing a feeling of a day out. Not sure who we need to thank for the weather but it was a lovely spring-like day which always helps.

Copy for the next issue to Sal Chaffey, sal.chaffey@gmail.com by 15th March.

Thoughts from the Chair

What a fantastic time of year. We have (I hope) seen the last of the snow and now things are beginning to happen in the garden and the countryside. In a few weeks we will be bathed in warm sunshine, bird song, and the wonderful smells of spring.

Of course the orienteering season now gets a bit of a kick with the JK and the British and as such this is a wonderful time to indulge oneself in the sport. I must take the opportunity to mention the British Middle Distance Championships this year being put on by DVO. So we have Sal and Dave Chaffey doing all the challenging organising – and they have had a few problems to sort out – however all looks in good form for the day. Sal could do with all the help she can muster so please do what you can to be there on the day to make this prestigious event go like clockwork. The planner is John Duckworth who has been slaving away creating bags of courses to challenge everyone – I am sure he will have made the most of the area and as such no one will go away disappointed. Good luck to all.

Then of course we have already succeeded in getting to the final of the Compass Sport Cup – a very notable achievement indeed. Congratulations to all that took part. A totally fair fight with all the other clubs and some notable scalps including NOC, LEI and SYO. It has been suggested that some of the other clubs ‘weren’t trying too hard’. Well I suppose they would say that wouldn’t they ... and in any case the facts speak for themselves. Roll on the final – Forest of Dean in October – it will be sun shining then too ... and the whole team could theoretically be turned out in the new design O tops that have arrived in the last few days. They look fantastic – many thanks to Mike Godfree for organising the whole procurement exercise – it was tough ... and of course to Ann Kimberley for coming up with the winning design.

... and finally for those of you who missed the last Open Meeting the next one is almost with us. Wednesday 10th April at the Bell Inn, Cromford. Final details yet to be sorted but the plan is Meeting (short), First Aid appreciation with Sue (and that’s not the name of the dummy), and of course as much Thirst Aid as you wish at notable prices. So do come along with all your challenging points of view (challenging points of view are optional). See you there.

Regards

John

British Orienteering AGM—Use Your Vote

The British Orienteering 2013 AGM is being held at the JK, on Friday afternoon 29th March at 5pm, after the Sprint event.

This year papers are not being sent out with Focus but instead were circulated by email on March 6th and are available on line from the News item on the British Orienteering web site.

There are proposals for adoption of accounts, appointment of auditors and the board composition. We hope that the convenience of the venue and offer of a free cup of tea will encourage you to attend. If not, please use your proxy vote. This year you can return it by email.

If you want to discuss Board matters you can contact your local directors Judith Holt or John Woodall.

Tips for planners

It is the navigation between controls which is important, not finding control banners hidden in vegetation or down pits when you get there.

(this and other tips in this publication are taken from advice for planners by Barry Elkington which is available on the British Orienteering website)

DVO get to the Final at last

Sunday 17th February dawned clear and frosty. Did you see the brilliant red sunrise, more reminiscent of a sunset? A perfect day for the hills (for some) but a coach-load of DVO members headed off south towards Corby for the East Midlands round of the 2013 Compass Sport Cup competition at Fineshade. It was always going to be a tough match as we were drawn against SYO (winners in 2010 and 2011 and 3rd at the 2012 final), NOC, LEI, WAOC, NOR and SMOC. Some persuasive arm-twisting resulted in an excellent turnout of 60 DVOs far exceeding both NOC and SYO. Once again half term played a part and junior numbers were disappointing in all the competing clubs.

Coaches (ours was the only big one) and a few allocated places for full cars meant that we parked adjacent to Assembly rather than having a shuttle bus from Wakerley where other cars were parked – but that was better than a 30 minute transfer from Rockingham Speedway which had been the expensive plan A.

Club tents were pitched in the sun en-route from Finish to Download. Not ideal as competitors stopped off at the club tents to relate their woes and change into dry clothes before being reminded to go and download.

Memories of Fineshade were not good – plenty of green and brambles – one event in the 1990's had been enough for us. However, it really wasn't quite so bad; perhaps the courses were better planned or is it just that electronic punching enables you to loop around the best bits? Yes, it was wet and muddy but after the rain and snow of the past weeks that was hardly surprising. I stumbled across moss covered brashings and tussock grass, jumped across full streams and ran up muddy tracks but seemed to avoid the worst of the brambles. Controls appeared (almost always) where I expected them. I had a couple of wobbles towards the end and then squelched and slithered my way to the Finish. At Download I was greeted by Viv announcing that DVO had 1, 2 and 3 on Short Green. That became 1, 2, 3 and 4 until H.P. finished when it became 1, 3, 4 and 5 – an excellent result for the 'old ladies'!

But we weren't the only ones. Other members had brilliant runs (the results are at www.leioc.org.uk) Even if you did not count towards DVO's score your points pushed down the score from other clubs' runners who were needed to count. Some clubs did not even have the full 25 that you can count in the Cup competition.

As the coach left Fineshade at 2 p.m. the results were looking good but there were no definitive final results. John & Judith checked the iPad regularly and only as we were approaching Ambergate did we get confirmation that yes, DVO had won and we were through to the Final of the Compass Sport Cup for the first time in many years. Apart from 2 years in the 1980s when we won I can only recall one other final near Bury about 10 years ago when we got in as the second club at a heat with a previous year top 3 club. Whereas this time we are going as the actual winner of the heat and not just on SYO's coat tails! The other clubs at the final will be BOK (Bristol), SO (Southdown), AIRE, CLOK, LOC, WCOC and MAROC.

So a big thank you to all of you who came and ran for your club.

And now the big plea, the gold-plated invitation to ALL DVO members. The Final will be on Sunday 20th October in the Forest of Dean – Moseley Green and Danby Lodge – venue for JK 2002 and BOK Trot 2004 according to our map files. I know, the beginning of half-term – but what better place for an autumn break – biking, trains, Go Ape and who knows maybe even a Severn Bore? There is a warm up event on the Saturday nearby. I look forward to seeing you all in the Forest of Dean and who knows we may come home triumphant if each DVO member gives of his/her best?

Club Captain's Corner

First of all a big thank you to all of you who ran at Fineshade, both counters and scorers who pushed down the points of other clubs enabling us to beat what I considered the hot favourites – SYO. See Dave Nevell's analysis on the website of how we achieved this. We now go through to the Final of the Compass Sport Cup (and SYO don't) on Sunday 20th October – Moseley Green & Danby Lodge in the Forest of Dean. Competition against the other finalists will be tough but with a good turnout, and each club member playing his/her part we can come home with heads held high. Yes I know it's Half Term again but what better place to spend it than the Forest of Dean. There is a warm up event on the Saturday.

DVO JK Relay teams are now on the web. I may be able to get a late entry for anyone who forgot to ask for a run before. I now need names for British Relays on Sunday 5th May, near Guildford. Names by March 25th, please, to get cheaper entries.

This year's footpath relay is being organised by MDOC, centred on Bakewell, on Saturday 8th June. No further details yet. I would expect to enter at least one 10 person team. It needs a mixture of ages/gender to meet the handicap rules so there is a place for everyone, hopefully this time there will be a mix of leg lengths. There will be maps and details provided but you really ought to be prepared to reconnoitre your leg – it is surprisingly easy to go wrong under pressure on the day. If you are interested contact me.

And finally if there have been too many "bulls in the china shop" you will be wanting to enter this year's White Rose – August Bank Holiday weekend in North Yorkshire. This year at Gilling Castle (JK Relays 1995) north of York – even a miniature railway to attract boys of all ages. If you run in a DVO Relay (Team Score) team (on the Monday) you're almost guaranteed a mug. See Newstrack September 2012. It's a very sociable weekend, start and finish each day within walking distance of Assembly/Campsite. Register your interest now!

Email Liz.Godfree@btinternet.com (it helps if you include your BOF & SI card numbers) or phone 01335 346004.

Liz

Tips for planners

Steep ascents and descents, whilst acceptable for M/W21, should be kept to a minimum for older competitors.

Sports Personality of the Month

... has to go to **Zoe Gordon** who, when visiting Manchester Uni for an Open Day with Sophie, set off the alarm in the library. Not because she'd stolen a prized tome but because she had an avalanche transceiver sewn into her cagoule sleeve! I know there's been a lot of snow recently but really!!

... also an honourable mention to **John Marriott**, not a DVO member I know, but it did take place at a DVO event so a little bit of poetic licence allowed I think. At the recent Crich event John discovered that his orienteering shoes, although the same make and model were both left feet (or was it both right feet?). However he managed to finish in a very respectable 10th position on the Green course although there was some concession to the odd shoes as he usually runs Blue.

DVO's New O-Top



The first batch of the new O tops from Siven have arrived and I will be placing another order soon. A bargain at £20 for adult sizes and £16 for child sizes (though the next order may be slightly more depending on exchange rates and delivery charge). They feature a rear zipped key pocket, the club logo and the name in full on the back. There may still be one or two spares from the first order, otherwise I will reserve one for you from the next batch. Adult sizes come in men's from



small to XXXL or lady's from small to XXL and children's size go from 120cm (age 6) to 150cm (age 12). You can see the sizing chart at <http://www.sivensport.com/#!chart> . First impressions are that they are fine if you like a snug fit but go for a size up if you would like a bit more room.

Mike.Godfree@btinternet.com

Star Runners

The handicap system allows results on different courses to be compared. The following club members produced the best performances against what their handicap would have predicted at these recent events, all used for ranking purposes.

Spring Cottage	Sarah Duckworth	Orange
Beacon Hill	Joe Uprichard	Light Green
Calke Park	Mark Goodhead	Blue
Crich Chase	Russell Buxton	Blue
Haywood Warren	Russell Buxton	Blue

I used this system over many years at HOC and nobody ever managed to come out best three times running.....but there's always a first time – no pressure Russell!

Dave Nevell

Poetry Corner

Dear Mr Cooke,

I was very much taken by the recent message from the Chairman extolling the country's motorway system. I would like to submit a short poem that I wrote some time ago on a similar theme. It is called "Ode to M60" and it goes like this:

I used to be M40
(London-Birmingham)
A straight and speedy highway
Describing how I ran

And then I reached M45
(The route to Coventry)
Short and sweet, direct and neat
Perfectly summed up me

M50 and M55
(Ross and Blackpool spurs)
Older but still functional
Through oak and beech and firs

But now I am M60
(Manchester Orbital)
Round and round in circles
Slowing to a crawl
I know not where I'm going
Or when I need to stop
Where once was wile and once was guile
There's frankly not a lot

So should I reach M90
(Edinburgh to Perth)
Of actual orienteering,
I'm sure there'll be a dearth
Too many hills, too many pills
All there'll be left for me
Is dreaming of M20
(London to the sea)

Yours sincerely

E.J. O'Thrubb (aged 59 ³/₄)

East Midlands Orienteering Association

A call for committee members

At the EMOA AGM last year the constitution was changed so that the Committee comprises four Principal Officers – Chair, Vice Chair, Financial Secretary and Development Co-ordinator. These posts are currently held, respectively, by John Woodall (NOC), vacancy, Viv Macdonald (DVO) and Ranald Macdonald (DVO).

In addition, each Club has a representative on the Committee – DVO's representative is Mike Gardner - and there are representatives of other areas such as mapping and coaching.

John, Viv and Ranald will be standing down at the next EMOA AGM in October meaning that there will be vacancies for all four Principal Officers.

If you are interested in standing for one of the posts contact Ranald, Viv or Mike to discuss what it entails:

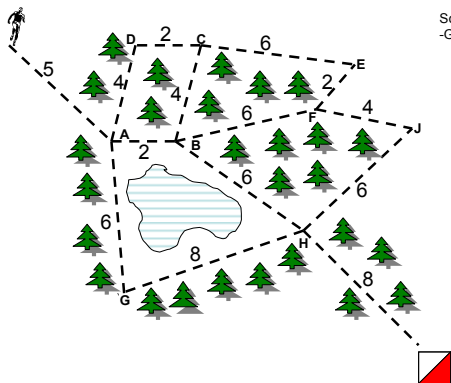
Ranald Macdonald, EMOA Development Co-ordinator (r.f.macdonald@btinternet.com)

Viv Macdonald, EMOA Financial Secretary (viv.macdonald@btinternet.com)

Mike Gardner, DVO Representative on EMOA Committee (mikegardvo@sky.com)

Puzzle Page

Last month's puzzle had a quiet response so I'm hoping for a bit more enthusiasm this month! The aim was to find the longest route through a forest network where the cumulative distance was always a prime number. The actual answer was 97 as shown. The best answer I received in writing was from Helen Chiswell



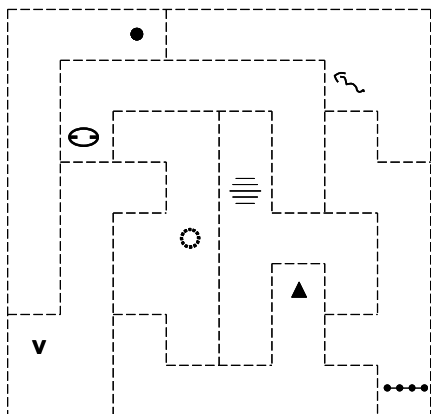
Solution: A-B-C-D-A-B-C-E-F-B-C-D-A
-G-H-J-F-E-C-B-H-control = 97 (9.7km)

who managed to get up to 61. I think Graham Johnson offered the same answer verbally. I can't offer a particular method – just being organised helps. Something a bit different this time round. This is a partially completed survey of Ukodus Forest which has the following remarkable properties. Within each block of forest (bounded by the

paths shown) there are eight distinctively different features. In addition, no feature appears more than once in any row or column of the forest (treating the whole forest as having 8x8 blocks). In a rash moment you agree to complete the survey. Can you show what the final map will look like.

Answers please to Dave Nevell at dnevell3@gmail.com. If you just tell me what the leading diagonal looks like (NW to SE) I will trust you. All entrants will get a mention in Newstrack and you will be included in the overall 2013 puzzle competition for which there will be a prize!

Dave Nevell



Open Meeting invitation

The next Open Meeting will be held at the Bell Inn, Cromford on Wednesday 10 April. There will be the usual run at 7pm (not compulsory) followed by the meeting at 8:15pm. The Bell Inn is situated on Cromford Hill (B5036) at the junction with North Street, the first turn on the left going away from the A6: parking either on the hill or in the residential streets opposite. This is your club, come and make your views known.

2013 Entry Cut-Off Dates for Major Events

	Cheapest	2nd Cut-Off	3rd Cut-Off	Others
JK	Passed	Passed	Passed	No EOD
British Sprint	Passed	Passed	9 th April	No EOD
British Middle	Passed	Passed	9 th April	No EOD
British Classic Championships	Passed	31 st March	20 th April	No EOD
Springtime in Shropshire	6th May			
Scottish 6-Days	Passed	30 th April	30 th June	Late
White Rose	Not yet available			

Novice Mapper Workshop

East Midlands are arranging a workshop aimed at novice mappers. The intention is that it should be held over 2 days in April or May.

The format is likely to be:

Day 1

2 hours: survey theory - classroom

2 hours: practical survey exercises - outside location

1-2 hours: Mappers' Safety Module - classroom

Day 2

OCAD tuition and practical exercises.

If you are interested in the basics of mapping then this will be of interest to you even are unsure if you would be able to survey or draw orienteering maps. Depending on your existing knowledge it could be practical to attend just one day.

Contact me at Mike.Godfree@btinternet.com if you would like to be informed when the dates are settled.

Tips for planners

Quite often too many controls are used. Use only as many as necessary for good planning based on the length of the course.

Once you think you have finished planning the course think again. Would the course be just as good or even better if a particular control was left out ?



(Except when it's Saturday or Wednesday)

The Official Unofficial Fanzine of Real Derbyshire Orienteering
More People, More Places, More Pies

Orienteering probed as chutney crisis deepens

Sadly, the story to fit this this sensational headline has not turned up yet.

More details on how this story keeps not happening – Pages 93-96

Real Orienteering?

Mark Twain once famously never said "Orienteering is a good run spoiled." If he had said it then he would have been wrong, but in the case of Real Orienteering he would have been closer to the truth with "A good run is orienteering spoiled". You see, for Real Orienteers, having a good run is not really the point. It's all about the enjoyment, the ineptitude, the camaraderie, the making of excuses, not doing enough training, après-O, getting peculiar injuries and occasionally beating someone you wouldn't expect to beat. Having a perfect run would ruin all that. Orienteering's equivalent of golf's 19th hole is the 31st control, the one beyond anything possible with an old SI-5 e-card. Understand the concept of the thirty-first control and you *understand* Real Orienteering.

Meanwhile.....

...scientists working at a top secret location near Belper have proven unequivocally that Emit punching is in fact the spawn of the devil. The shocking and incontrovertible evidence is shown below.



When asked to comment, a spokesman for Octavian Dribblers said that the club was sorry for having inflicted a satanic timing system on its customers over many years and that it was investigating moving to a more God-friendly alternative as soon as possible.

One-to-one

More disappointing news from the club's top secret laboratory on a hillside near Belper - the eagerly awaited new map scale of 1:1 has met an "unforeseen snag". A club boffin, confidently

allaying fears, commented "We've had sliced bread. We've had the plastic spork. This is the next big one! Vorsprung durch technik!" (*Exit pursued by a bear*).

Out on the Wild and Windy Moor...

Following scientific observations at last year's East Midlands Championships at a windswept Eyam Moor, WSC can confirm that 38 degrees is the critical angle at which an empty Portaloo will topple in a high wind. This "tipping point" can now be revealed to be the inspiration behind the name of the web-based pressure group Thirty Eight Degrees. The humble Portaloo has inspired many things over the years. Who can forget the sixties classic "Portaloo Sunset" by the Kinks or of course "Portaloo" by ABBA, which took top spot in the Eurovision John Contest in 1974?

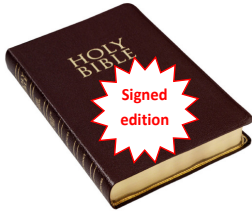
BOO Watch

Each month we'll keep a check on what's kicking off at the Big Orienteering Organisation (BOO) and give our verdict through the medium of Robert Smith's hair. We just know that this is likely to go seriously downhill (oh yes it will!) so we'll start with something positive – getting a three minute slot plugging the sport on the Radio 2 Chris Evans show. We particularly liked Ed Nicolas's response when asked about getting lost. Panic! Perfect advice for the Real Orienteer. Keep it up BOO.



BOO-METER

ERRATUM. In our article Ten Top Tips for Taking Bearings, 'Sandwiches' should have read 'Compass' throughout.



Book Reviews

Rocky Knoll's guide to what's hot in the world of orienteering literature.

Fifty Shades of Grey (E.L. James):

I had great expectations of this book but came away puzzled as to why an IOF report on the proposed new colouring conventions for built-up areas on urban orienteering maps – Buildings: Definition of Shading Methods (BDSM) - should have created such a frisson of excitement. And there are three volumes of this stuff!

The Curious Incident of the Bog in the Night

Time (Mark Haddon Hall): The mysterious disappearance of the controller during a particularly wet night event at Hardwick Park is solved by a precocious M10 and his pet hamster.

Shoots Orienteers and Leaves (Lynne Truss):

The zero tolerance approach to mispunching. Strangely not as successful as her first book on punctuation.

Put Out More Flags (Evelyn Waugh): Tips on course planning. Well, just tip if truth be told.

The Secret Training Diary of Adrian Mole

(aged 49 ¼) (Sue Townsend): A curious mix of love, politics, fartlek sessions and measuring things with rulers.

A Brief History of Timing (Stephen Hawking):

The seminal work on how to deal with problems such as runners approaching the Finish at rates close to the speed of light. The book which everybody seems to have but which nobody has finished. This is a shame since the recipe for soufflé on page 273 is out of this world.

The Thirteen Thousand Four Hundred and Thirty Nine Steps (John Buchan):

An illustrated history of the pedometer. Steady on ladies!

Tantric Orienteering for Beginners (Darley Dale Publications):

Explains how you can keep going for five hours on the Orange course without ever actually finishing. Banned in nineteen countries. As featured on Blue Peter.

A Series of Unfortunate Events (Lemony Snicket):

In my experience, anything held in Leicestershire.

WORD OF THE MONTH: Triskaidekadiphobia – the morbid fear of visiting control 13.

Ash Die-Back Advice

On returning home, rinse all boots and shoes in a chlorine based cleaner or garden fungicide and allow them to dry thoroughly. Incinerate.

Thoroughly wash and dry all kit and any other clothing that may potentially have been contaminated with fungal spores. Incinerate.

Further advice at www.ultrasport.co.uk

The Campaign for Real Orienteering

Of course, there are always those that want to take things to the extreme. Real Orienteering should in no way be confused with the extremist Campaign for Real Orienteering (CAMRO) which has a completely different agenda. Members of CAMRO believe that navigation should be "au naturel". They abhor the use of artificial aids such as compasses and watches. For reference they depend on the sun, the moon, the stars, on the growth of vegetation, on migrating birds, and on the rumble of distant motorways. They are even a bit iffy about using maps and certainly have no truck with pictorial control descriptions. In fact the only thing that CAMRO members have in common with real Real Orienteers (oh do keep up!) is that all agree that Emit punching has a worthy place on orienteering's Axis of Evil along with over-diluted orange squash, Leicestershire Orienteering Club (*removed by WSC lawyers*) and the use of Peppa Pig* on string courses. (* see below)

String course

characters.....

Name: Peppa Pig

Charges: Not wearing a seatbelt. Jumping in muddy puddles.

Behaving like a pig.

Verdict: Bang to rights. Unsuitable influence on children.

Sentence: Suspension from string course.



Chess Corner

The correct answer to last month's puzzle was Mr Bun the Baker (*are we sure about this? – Ed*)

DVO Website - Members Area

The members area on the DVO website is an area only accessible to DVO members who have requested a members login. Many of you have already done so but for anyone who hasn't just click on the "register" link under "DVO Members" in the left sidebar on any page of the website.

So what is there:

Committee Minutes

Here members can read the minutes of Annual General Meetings, Main Committee Meetings, Fixtures Sub Committee Meetings and Open Meetings thereby keeping up to date with what is happening in your club.

Entry Fees

A list of the current event entry fees, a useful resource for anyone involved in the organisation of an event.

DVO Financial Matters

This document explains how the club controls expenditure of the club's money.

Financial contributions

This document outlines the guidelines that apply when the club makes a financial contribution to a member or members. This can be, for example, for a member representing their country, EMOA (juniors) or the club (relays). It can also be for members attending various conferences on behalf of the club.

DVO Database

This is a more recent addition to the members area. The DVO Database as been in existence for some time now, created by Derek Gale and running on a separate server and some of you may indeed have accessed the previous version. Over the last year or so I have converted the database to run directly on the DVO website. For the technically minded that is converting it from Perl (the language that Derek wrote it in) to PHP (the language that is used on the DVO website and that I understand).

What does the database give you:

As a minimum you will be able to see:

- ***Your Membership Data*** - your name, email address and any orienteering qualifications e.g. planner grade B
- ***Club Areas*** - a list of all DVO areas with additional information such as the names of the access negotiator and mapper, grid ref. etc. There is also a list of events that have taken place on the area since 2001, again with further details
- ***Previous Club events*** - a list of DVO events dating back to 2001 with additional details available including type of event, names of officials and numbers of runners on each course. A useful resource for anyone planning an event.

In addition members who have been involved as an access negotiator for an area will be able to add/update details for that area. Members who have been involved as an event official for a particular event will be able to add/update details for that event.

Membership List

Provides names and classes of all members and address, email and phone number of the first member.

If anyone has any suggestions for other items to add to the Members Area please send them to me at the following email address jholtcooke@btinternet.com.

John Cooke

Matlock club night programme summer 2013.

Club nights are based at the ARC leisure centre, Matlock (DE4 3AZ). We will usually meet there even if we are travelling on to another area. The programme is subject to change so check for details on the DVO web site under Club Nights, Matlock Orienteers if you plan to come for a particular activity.

Date	Time	Venue	Activity
Sat 6 April	10.30–12	Black Rock*	DVO event counting towards 'Club Night League'.
Wed 17 April	6.30 - 8pm	Arc Leisure centre	Understanding the map and basic skills up to orange standard –an introduction for newcomers and revision for experienced orienteers.
Wed 24 April	6.30–8pm	Arc Leisure centre	Follow on from previous week.
Wed 1 May	6.30 - 8pm	Lumsdale Hillside *	Yellow, orange, light green loops with timing. A 'Club Night League' activity.
Wed 8 May	6.30 – 8pm	Arc Leisure centre	Activity tbc, will include preparation for DVO Chesterfield event.
Sat 12 May	10.30–12.30	Chesterfield*	DVO urban event counting towards 'Club Night League'.
Wed 15 May	6.30 – 8pm	Farley Moor *	Yellow, orange, light green loops with timing. A 'Club Night League' activity.
Wed 22 May	6.30- 8pm	Arc Leisure centre	Activity tbc
Wed 5 June	6.30 – 8pm	Arc Leisure centre	Activity tbc
Wed 12 June	6.30 - 8pm	Arc Leisure centre	Activity tbc
Wed 19 June	6.30 – 8pm	Whitworth Park *	Level D event, Yellow, orange, challenge courses.
Wed 26 June	6.30 - 8pm		Activity tbc will include preparation for DVO Allestree event.
Sat 29 June	10.30–12.30	Allestree Park, Derby*	DVO event counting towards 'Club Night League'. Incorporates Derbyshire Schools Orienteering Championships
Wed 3 July	6.30- 8pm	Arc Leisure centre	Activity tbc
Wed 10 July	6.30 – 8pm	Arc Leisure centre	Activity tbc
Wed 17 July	6.30 – 8pm	Harborough Rocks *	Yellow, orange, light green loops with timing. A 'Club Night League' activity.

* The 'Club Night League' is for any one who has not yet achieved British Orienteering Four Star Navigation Challenge (Light Green Standard). Participants will be ranked on their best 5 scores from the 7 asterisked events/activities.

Tips for planners

Features such as fences which may provide significant obstacles for the less agile older competitors should be taken into account

All Orienteering Events* within 50 miles of Derby over the next 2 months and also major events further afield

For further details see either the clubs' website or BOF website

Key: A Major event, B Ranking Event, C Standard Event, D Small Event. For DVO level D events see Informal Events under Fixtures on the DVO website.

DVO events & other significant events are in bold. Events further than 50 miles away are in italics.

***Details and information correct at time of compilation - Please confirm before embarking on the journey.**

Day	Date	Where	Club	Event Standard	Nearest Town or location
Saturday	23 rd March	Daventry Country Park	OD	D	Daventry
Saturday	23 rd March	Endcliffe Park	SYO	D	Sheffield
Sunday	24 th March	New Hall Valley Country Park	COBOC	D	Sutton Coldfield
Friday	29 th March	Whiteknights Campus		A – JK Sprint	Reading
Saturday	30 th March	Hambledon		A – JK Ind Day 1	Henley
Sunday	31 st March	Cold Ash		A – JK Ind Day 2	Newbury
Monday	1 st April	Hambledon		A – JK Relays	Henley
Thursday	4 th April	Sence Valley Forest Park	LEI	D	Coalville
Saturday	6 th April	Black Rocks	DVO	D	Cromford
Saturday	6 th April	Graves Park	SYO	D	Sheffield
Sunday	7 th April	Bramcote Hills and Hemlockstone	NOC	C - EMOA League	Nottingham
Tuesday	9 th April	Oakham School	LEI	D	Oakham
Sunday	14 th April	Pelsall Common	WCH	C	Brownhills
Saturday	20 th April	Loughborough University	LEI	A - British Sprint Champs	Loughborough
Sunday	21 st April	Stanton Moor	DVO	A - British Middle Distance Champs	Matlock
Thursday	25 th April	Teggs Nose Country Park	MDOC	C	Macclesfield
Thursday	25 th April	Linford Woodlands	LEI	D	Leicester
Thursday	25 th April	Kibblestone Scout Camp	POTOC	D	Stone, Staffordshire

Day	Date	Where	Club	Event Standard	Nearest Town or location
Saturday	27 th April	Phillips Park	SELOC	D	Prestwich
Sunday	28 th April	Brandon Wood and Piles Coppice	OD	C	Coventry
Wednesday	1 st May	Fosse Meadows Country Park	LEI	D	Hinckley
Tuesday	7 th May	Lyme Park	MDOC	D	Disley
Thursday	9 th May	Melton Country Park	LEI	D	Melton
Saturday	11 th May	Coombe Country Park	OD	D	Coventry
Saturday	11 th May	Florence and Longton Parks	POTOC	D	Longton, Stoke-on-Trent
Sunday	12 th May	Walsall Arboretum	HOC	D	Walsall
Tuesday	14 th May	Watermead Country Park	LEI	D	Leicester
Tuesday	14 th May	Lyme Park	MDOC	D	Disley
Saturday	18 th May	Arrow Valley Country Park	HOC	D	Redditch
Saturday	18 th May	Chatterley Whitfield Country Park	POTOC	D	Tunstall, Stoke-on-Trent
Saturday	18th May	Swithland Woods	LEI	C - EMOA League	Loughborough
Wednesday	22 nd May	Leicester Grammar School	LEI	D	Leicester
Thursday	23 rd May	Lyme Park	MDOC	D	Disley
Saturday	25 th May	Rosliston Forestry Centre	DVO	D	Swadlincote
Saturday	25th May	Croft Castle	HOC	B - SinS Day 1	Ludlow
Sunday	26th May	Hopton	WRE	B - SinS Day 2	Ludlow
Sunday	26th May	Ludlow	WRE	B - SinS Urban	Ludlow
Monday	27th May	Brown Clee Hill	HOC	B - SinS Day 2	Ludlow
Thursday	30 th May	Lyme Park	MDOC	C	Disley
Thursday	30 th May	Arrow Valley Country Park	HOC	D	Redditch
Thursday	30 th May	Willesley Woods	LEI	D	Ashby de la Zouch
Saturday	1 st June	Hanley Central Forest Park	POTOC	D	Hanley, Stoke-on-Trent
Sunday	2nd June	Cromford Moor and Black Rock	DVO	C EMOA League	Cromford



An EMOA Conference for Experienced Planners and Controllers

Saturday 27th April 2013, 10.00 - 15.00

(tea/coffee from 09.30)

at Rushcliffe Country Park, A60 (Loughborough Road), Ruddington,, Nottinghamshire, NG11 6JS

It is important that ALL DVO Planners and Controllers try to attend one of these annual conferences as Rules and Guidelines, and their interpretation, do change. The quality of our events is adversely affected when event officials are not up to date.

What the day will include:

1. A session on planning and controlling long distance courses. Barry Elkington's series of articles on course planning for CompassSport are worthwhile reading in advance. They are on the British Orienteering website at http://www.britishorienteering.org.uk/page/handbook_mapping.
2. Hilary Palmer (NOC) will run a short update and discussion session on Safety and Welfare: Sharing Good Practice.
3. The week after planning the British Middles Distance Championships at Stanton Moor, John Duckworth (DVO) will run a session on Experiences and challenges planning the BMDC.
4. Through a series of role plays, small group and plenary discussion the emphasis will be on the practical interpretation of the BOF Rules, Guidelines and Appendices as they relate to the events with which we are involved.

The day also provides a valuable opportunity to meet and discuss issues with other EMOA event officials

What to do:

If you are interested in coming, please let Ranald Macdonald know by Monday 22nd April at r.f.macdonald@btinternet.com

Lunch and drinks will be provided if we know by this date – late bookers may have to bring their own! There will be no charge for the event as it is being run as part of EMOA's Development Plan activities for 2013.

The day is being put together by Ranald Macdonald (DVO) and if there are particular issues you would like us to bring into the workshop, please let Ranald know in advance.