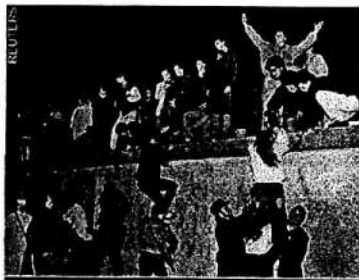


# NEWSTRACK

November 2006



## **Great Moments from the Orienteering Archives**

**1989: Sudden appearance of ruined wall causes late map correction  
at Berlin Street O**

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***Newstrack is the magazine of Derwent Valley Orienteers***

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## **Thoughts from the Chair**

For those who missed the AGM, here is the Chairman's report as supplied to the vice-chair to read out. Those who were at the AGM can try to spot any changes that Ranald made...

### **Chair's Report**

My apologies once again for not being here. The Bridge Team that I play for is woefully short of players so I could not easily be excused. However, I know the meeting will be in good hands with Ranald (who probably will not read that bit out).

Looking back over the year for the club we have had a number of individual successes that have been noted in the past so I will not go through them again – the web site reflects them as they occur and indeed it does for all the events that we run. My thanks to Steve for the prompt way we get these things displayed. The club as a team have not yet achieved the glories of yesteryear but I have high hopes of the future. The discerning amongst you will have noticed the 'yet' in the last sentence as I am much encouraged by the club development activity that is taking place. Obviously we now have our Community Sports Coach, Val Johnson, established but there is a buzz about all the efforts being made in getting and keeping new members to the sport. The Saturday events and the school coaching that are going on do seem to be paying off, and we are striving for a better environment. A number of comments have emerged about the cost of events but the Committee, and I hope you all, believe that the quality of the event is not just in the run that we all do but also in the organisation and equipment in use.

I would like to thank the Committee for their work this last year and in particular to Dave Bennett and Pauline Ward who will be standing down after three years on the Committee. Of course, you may vote us all off but just in case you don't I will finish by remarking that I am looking forward to further work with them to continue the development of the club.

Derek Gale

## **Open Meeting – Wednesday January 10<sup>th</sup> 2007**

The tradition of having open meetings each quarter continues with the next being at a new venue – Sawmills Village Hall, on the A610 between Riply and Ambergate (the venue for Friday night circuit training). The meeting will start at 8pm but the hall is booked from 6-45pm so that some people can go for a run beforehand.

## **Orienteering Membership Fees**

There is obviously some lack of understanding amongst all of us about what the fees are for belonging to the various governing bodies of orienteering. The tables below show the position that has been agreed at the various AGMs held during 2006.

For the year starting 1<sup>st</sup> January 2007

	National Members				Local Members				Club
	BOF	EMOA	DVO	Total	BOF	EMOA	DVO	Total	
Family	£20	£5	£1	£26	£10	N/A	£1	£16	£5
Senior	£15	£3	£1	£19	£6	N/A	£1	£10	£5
Junior	£3.50	£1	Free	£4.50	Free	N/A	Free	Free	

Current position (i.e. what we paid for 2006)

	National Members				Introductory Members			
	BOF	EMOA	DVO	Total	BOF	EMOA	DVO	Total
Family	£26	£5	Free	£31	N/A	N/A	N/A	£5
Senior	£18	£3	Free	£21	N/A	N/A	£5	£5
Junior	£3.50	£1	Free	£4.50	N/A	N/A	N/A	N/A

Those people who opt to pay BOF via a Direct Debit receive a discount of £1.

All fees are paid directly to British Orienteering

EMOA and DVO inform British Orienteering of their membership charges

Each month EMOA and DVO are paid by British Orienteering their component of the fees recovered that month.

The EMOA fee for Local Members will have to be reviewed in the near future.

From the start of 2007 all events will require you to produce your British Orienteering Membership Card which will entitle you to £2 discount, everywhere if you are a National Member and within the EMOA region if you are a Local Member. The clubs will keep any extra income from entry fees generated by this though the usual levy to EMOA and British Orienteering will remain. Club Members will not have a Membership Card and hence will not be able to claim the discount.

For those local members who wish to see the benefits of becoming National Members the information is available at <http://www.britishorienteering.org.uk>

## **Sports Personality of the Month**

No nominations from within DVO this time, but we'd have had difficulty beating an entry from Peter Lynas, vice-captain of the Nottingham High School O-team. At the recent British Schools Score Championships, Peter tripped and fell, only minutes into his race, fracturing his fibia. He carried on to run a further 6km, and finished 12<sup>th</sup> in the event.

Quote #1: "My foot was in a funny position, so I moved it back to where I thought it should be and then carried on"

Still reading? Not too squeamish? Quote #2: "It did hurt badly and I could see the start line and the ambulance but I couldn't let the team down, so I carried on running...It did swell up but I just didn't look at it while I was running the race"

Peter was taken to Nottingham Queen's Medical Centre after the race and is expected to be in plaster for six weeks.

## **ALL THOSE DEPRESSIONS**

Over the full extent of our great and glorious orienteering careers every one of us has visited hundreds, if not thousands, of depressions, but have you ever wondered how these sometimes elusive holes-in-the-ground came to be?

Most of Britain's landscape is man-made, so that few depressions are wholly natural...

In limestone country areas such as Hampsfell (day 5 in Lakes 2006) depressions occur where water has formed underground caverns which have collapsed, partially or totally, after perhaps thousands of years

Kettle holes are found in land once covered by retreating glaciers and ice-sheets. Huge blocks of ice were left stranded in beds of alluvial debris. Long after thinner or more broken ice had melted these massive blocks remained, and eventually after perhaps hundreds of years the blocks melted away leaving large depressions up to 30 metres across. Kettle holes are widespread especially in Scandinavia.

In mature forests occasionally a very large tree is blown down in a storm... when the trunk and/or its rootstock are removed as part of woodland management sometimes a clear depression remains.

Most of our depressions are man-made. In yesteryear marl, a calcareous clay used as a soil-improver, was dug out, sometimes leaving large depressions, often irregularly shaped.

On land once covered by ice-sheets sand and gravel was sometimes deposited over irregularities in the underlying strata. When this gravel was removed in the pick-and shovel days depressions could be formed. A good example can be seen in the large shallow irregular-shaped depressions near the water-tower in the NW corner of the Allestree Park map.

Small-scale lead mining took place in limestone country with small diameter shafts up to 30 metres deep. Once disused, many shafts were loosely filled with rubble, but then later collapsed when the rubble was undermined by underground water, often leaving a very distinct depression. (usually, but not 100%, safe, as further collapses can occur, as the occasional grazing cow has discovered). DVO's Carsington Pastures has an excellent selection of such depressions, widely spread over reasonably smooth ground.

In open countryside enclosure walls, whether sandstone, limestone, granite or slate, often were built using stone from very small local quarries. Sometimes this removal of stone resulted in depressions with exposed rock-faces on one or two sides. These may be seen in all upland areas.

Where coal seams were found at or near the ground-level, early mining was on a very small scale, perhaps two-men-and-a-dog working a shaft not very deep. When disused shafts soon collapsed and filled with debris, often creating clear depressions... found in woodland in many Midlands forests.

Before the arrival of piped water most farms had a pond sited where water could collect off the land; now not used as ponds, many remain as wide shallow depressions, often damp. Allestree Park has a one of these in the edge of the wood on the S side of the map.

In small valleys streams were often dammed to hold water for local mills, first for grain, later perhaps for textiles. With disuse dams collapsed, and perhaps the stream was diverted, so that the pond became a depression. These are found wherever there are hills. DVO has at least one at Linacre.

Man at war has given orienteers yet more depressed control sites. During two world wars local army training involved the use of explosives, sometimes producing depressions; probably these are more widespread than can be clearly identified.

Bomb craters make good depressions... Chatsworth, on both the old mapped area as well as the newly mapped Lindop \* has some, courtesy of the Luftwaffe. (\* Lindop... DVO event 11 February 2007, one control will be in a bomb crater). Local army training had the infantry recruits digging trenches and foxholes; these latter are now depressions and/or pits often found in heathland/woodland as at Sherwood Pines.

Finally comes the most interesting of all depressions, found in woodland devoid of all mappable features. These depressions are very small and have been dug out by the mapper and/or planner desperate to create a mappable control site. (this digging out a control site is an alternative to building a cairn or a tripod). Did Roger Wilkinson dig Allestree Park's depression K6 sometime in the last century?

At your next event, when finally you find that hole in the ground, just stop for a minute or three, catch your breath, admire the view and then ponder on the probable origin of this depression, now your control site.

One depression may be made by orienteers trying to discover the ownership of a key piece of land, perhaps only 1% of the mapped area, but the difference between an event and no event. If, after months of searching, all else fails, drive the club JCB on to this land and start digging a hole... it is a near-certainty that within 5 minutes the owner will pop up, and two problems will be solved: a) land owner discovered, and b) a depression has been formed, possibly a prime control site.

Tony Berwick

A Date for Your 2007 Diary:

### **Haddon-Lindop District Event, 11<sup>th</sup> February 2007**

Previously known as Lindop, this is the wooded hill between Chatsworth and Bakewell, to the west of the road between Rowsley to Chatsworth. The area was mapped and used by DVO in the long-ago years 1974-1977, but has not been used since. At last, DVO have obtained permission for an event so

- ☒ forget that winter holiday in the sun,
- ☒ forget your DIY at home,
- ☒ forget that socialising weekend away from home, and
- ☒ instead come to Haddon-Lindop and celebrate DVO's return to this challenging area.

## Captain's Slog

The highlight of the orienteering programme from the Team Captain's point of view – apart from my unanimous re-election to the post at the AGM for another glorious year – never realised I was so popular – was the White Rose, where, out of the eight teams who actually counted (more of which later) a magnificent five captured prizes as first, second or third places. OK, so some classes only had one team in them, but you can't win the lottery if you don't buy a ticket.

The role of honour in full is:

DVO Vampires (David Lawson, John Duckworth, Dave Chaffey)	2 <sup>nd</sup> in M120+
DVO Centaurs (Val Johnson, Liz Godfree, Sal Chaffey)	1 <sup>st</sup> in W120+
DVO Basilisks (Vivianne Lawson, Jen Gale, Lisa Gale)	3 <sup>rd</sup> in W120+
DVO Ghouls (Rex Bleakman, Derek Gale, Mike Godfree)	2 <sup>nd</sup> in M160+
DVO Zombies (Nathan Lawson, Harriet Lawson, Amy Kimberley)	2 <sup>nd</sup> in MW12-

As for the team that didn't count, inevitably it was the one that included me. It's difficult to place a finger on exactly what went wrong but it was probably a combination of three factors:

1. The team captain, when filling in the team sheets, swapped the team numbers of the two Mixed Relay teams.
2. The organisers recorded the wrong dibber number for one of our competitors.
3. Both of these factors would probably not have been fatal but what really clinched the disaster that DVO Boggarts became was the inability of the event computer to cope with the fact that Jayne Malley, instead of writing down her dibber number, copied her telephone number on to the form.

The net result was complete and utter chaos and de facto disqualification, for which Jayne deserves to be thrown out of the club and forced to join WCOC (too late, she already has).

No-one will believe me, but, if we all had counted, we would at least have been in the top three and might even have won it. The story of my life. So close to greatness but thwarted by the failings of others.

Nothing left now in 2006, but to look forward to 2007 and the following dates for your diaries:

18 <sup>th</sup> March	Round One CompassSport Cup (I'm angling for the Tankersley Wood, Sheffield option, rather than the Stapleford Woods option, for obvious reasons)
9 <sup>th</sup> April	JK Relay Day, Caer Went, Chepstow
6 <sup>th</sup> May	British Relays, Pwll Du, Blaenafon
30 <sup>th</sup> June	DVO Footpath Relay

And I will get round to collecting White Rose money, Ms Treasurer, soon.

Graham Johnson, Club Captain

# DVO

## Just for ^ Juniors

### Junior Orienteering Opportunities

Are you a junior member of DVO? Would you like to improve your orienteering? Would you like to go to events around the country and abroad? Read on! Whatever level you're at, there is the opportunity to get better:

### DERWENT VALLEY ORIENTEERS JUNIOR SQUAD

Come to DVO junior training sessions. Open to all junior members of the club, they are held either on Saturday mornings or in conjunction with Local and District Events and give you the opportunity to practice the basic techniques you'll need to get around courses. They last for 1-2 hours.

Plus, there's always the chance to talk about your course after a DVO event - just bring along your map to enquiries.

The club enters various competitions, some of which are only for juniors (the Yvette Baker Trophy) and some are for the whole club (Compass Sport Cup). You can come to these with the rest of the squad and represent the club.

*If you're under 10 years old, your parent or guardian will need to stay with you throughout the session. If you're 10 or over, and you feel confident enough, you can stay on your own.*

### EAST MIDLANDS JUNIOR SQUAD

*Are you are successfully completing the light green course?*

The next step is the Regional Squad. This is open to the whole of the East Midlands. Membership is by invitation. You'll need to be doing a JM4 or JW4 course, (equivalent to light green), regularly to join. The EMJS organise training sessions, they also have weekends away all over the country so you can practice orienteering in different types of terrain. You'll get the chance to develop more advanced technique skills.

The highlight of the year for the squad is the Inter-regional competition for which a team is chosen (and you get to wear the EMJS O top!).

*You'll need a consent form - squad coaches provide these.*

## CLUB TRAINING SESSION

The club holds training sessions which are aimed at adult members of the club. However, if you regularly do a light green or green course, you'll be able to come along; you don't have to be selected or invited. The sessions vary in length and we look at more advanced techniques. There may be fewer helpers around, but you'll still have the opportunity to talk things through with experienced club members.

If you are under 14 a parent or guardian will need to stay with you at these sessions. If you're 14 or older, just make sure you bring a signed parental consent form, or a parent!

## SUMMER TOURS

You're doing OK now - zipping round around the green course ..... so, what's next? You could be selected to go on a summer training camp, usually to Scotland or Scandinavia and get to train in some really tricky terrain with the best people in your age group from all over the country. There are usually about 16-24 people on the Scottish camps (Lagganlia, Glenmore/Badaguish ) and up to 16 on the for older juniors (Halden/Uppsala). There's usually a tour O-top - you'll see lots of them in the forest.

You have to be selected to go on these camps and be a member of British Orienteering or BOF as it used to be called. There are selection races, which are advertised through the BO website and EMJS. They are Regional and National events spread across the country, to give everyone a chance to impress the selectors. This means you'll have to travel a bit further to get to them.

*Competition for places is fierce! If you want to know more about what actually happens talk to Val Johnson.*

## START SQUAD

*For the real whiz kids of Junior Orienteering.*

The best juniors in the country are invited to join the start Squad. This means a set of training weekends in different bits of the country, technique and fitness training. With it comes some kit, so people will know who you are ... No pressure then!!!

*After that, you're heading for the British Junior Squad, the Junior World Championships, the British Senior Squad, the World Championships...*

**So what are you waiting for?**



**LEI District Event & Yvette Baker Trophy EM round.**  
**11<sup>th</sup> Nov. at Bagworth Woodlands - Coalville, Leicestershire.**

- Courses** White to Brown. Map revised 2006. String Course.  
Yvette Baker trophy courses: Yellow, Orange, Light Green, and Green.
- Punching:** SI electronic punching will be used. Please bring own SI e-card or hire on the day @ 50p.
- Registration:** 10.00 a.m. to 12 noon with starts from 10.30 a.m. to 12.30 p.m.
- Entry Fees:** Seniors (who are BOF/DVO members) - £5.00  
Juniors (aged under 21) - £2.00
- Dogs:** On leads only.
- Organiser:** Chris Phillips: Tel: 0116 255 0330
- Website** [www.leioc.org.uk](http://www.leioc.org.uk)

All you have to do is turn up and run your normal course - points are awarded on finish positions, separately for boys and girls, so just do your best. The best 7 scores are added together and the club with the most go through - the second place may also get through if NOC win (because they won it overall last year) so it really is worth coming along and putting DVO Juniors on the map.

Remember even if you don't score you may be depriving other clubs of points so it really is worth turning up. Plus wouldn't it be great to have 2, 3 or even 4 scoring teams.

The final (just in case) -

**BKO District Event & Yvette Baker Trophy Final.**  
**December 10<sup>th</sup> at Cold Ash, Hermitage, Newbury.**

- Courses:** C4 - White to Brown. String Course. Entry on the day  
Yvette Baker trophy courses: Yellow, Orange, Light Green, and Green. - Entry through the club on special entry form by Dec.1st
- Punching:** Emit electronic punching will be used. Hire on the day @ £1
- Registration:** C4 - from 8.30 a.m. Starts from 9.30 a.m. to 11.00 p.m.  
Yvette Baker Trophy Starts from 11.30am
- Entry Fees:** Seniors (who are BOF/Orienteering Club members) - £5.50  
Juniors (aged under 21) - £2.00  
Parking £1.50 (to charity)

If we make it through, we will get a coach for travelling to the final.

## British Schools Score Championships

Congratulations to the juniors from Bemrose School who performed well in the British Schools Score Championships, but especially the Y10/11 girls who came home with 3rd place team prize.

### The White Rose

This event on 26th-28th August was a great opportunity for the DVO juniors to show everyone how fast they can really run. In the North York Moors the event was taking place.

When everyone had arrived they found themselves in a big grassy open field, which was meant to be the car park, but because the camping field was flooded they had to use the original car park. The first night camping for DVO was fairly dry and then the second night was very cold and wet.

The DVO juniors were always in two parts: the Derwent Valley Orienteers Big Juniors (DVOBJ); and the Derwent Valley Orienteers Small Juniors (DVOSJ). The little'uns preferred to roll around playing hide and seek in the long grass, while the older juniors liked to chat, walk around and sabotage other clubs (which the parents don't know about).

After all the small people had gone to bed the DVOBJs' spent nearly all night sitting in a field with torches on usually telling ghost stories or playing spin the bottle dares. The juniors were randomly going off to impatient mum and dads who were saying "Time for bed" or "Come do your teeth".

After the prize giving on day 2, DVO set out for the afternoon on the North Bay beach at Scarborough. When they all arrived a cricket game had been arranged. Each person got at least 1 go and were playing for about 1hr 30mins. Then DVO travelled to the South bay for fish and chips with an ice-cream yum yum.

On the third day it was the relays. The results by then were like this: DVO Zombies, Harriet Lawson, Nathan Lawson and Amy Kimberly, came 2nd and team DVO Werewolves, Tom Gale, Jessica Gale and William Gale, came 5th.

Then the end of the weekend came and everyone was packing away their tent when it started to pour down with rain. DVO took home very wet tents.

By Harriet Lawson

## Derwent Valley Orienteers Club Championship - Results

Thank you to everyone for coming along. We hope you all enjoyed yourselves.

Congratulations to the new Club Senior Champion Ben Beresford, the joint Junior Champions Elizabeth Bedwell & Nic Gordon and to the 1<sup>st</sup> lady Liz Godfree. Both the Junior & Senior courses ended in a sprint finish – sorry Mike but you were never going to beat Ben when it came to that.

This event showed us how hard it can be to plan good courses on a relatively easy area. Hopefully, the route choice options compensated for the lack of technicality. That said, I believe that at least 2 "big names" managed to navigate themselves off the map – maybe they were just looking for golf balls ☺

We received a considerable amount of help from David Olivant of NOC (it was their area) with regard to map corrections & course setting using OCAD. It was a very generous act on his part.

Every one of Dave Wilby's team of Park Rangers that we had dealings with were extremely friendly and helpful. We couldn't believe it when we turned up at 07:30 to start putting controls out to find 2 of them already there, coning & taping & signing our car park. And then we come to those DVO helpers including the sick, the injured, the family members and the "not entereds" who came along and helped on start, finish, car parking and patrolling the Junior course. Thank you everyone.

If anyone wants their part 1 maps then we will take them around with us for the next couple of weeks.

Dave Skidmore & Ruth Ellis 0115 9257929

### Junior Course 2.0k 20m

	Finish Time	Name		Course	Actual Time Taken
1=	11:28:30	Elizabeth	Bedwell	Junior	22:30
1=	11:28:30	Nic	Gordon	Junior	21:30
3	11:31:30	Adam	Wisdish	Junior	16:30
4	11:31:45	Mary	Finlayson	Junior N/C	26:45
5	11:31:50	Samantha	Vincent	Junior	17:50
6	11:32:40	Sophie	Gordon	Junior	19:40
7	11:32:45	Emma	Vincent	Junior	20:45
8	11:34:55	Jessica	Beresford	Junior	16:55
9	11:34:58	Amy	Kimberley	Junior	15:58
10	11:39:40	Jessica	Gale	Junior	23:40
11	12:02:41	Mackervoy	Family	Junior N/C	45:41

### Senior Course Medium 4.5k 90m Long 7.2k 185m

	Finish	Name		Course	Actual
1	11:53:40	Ben	Beresford	Medium	49:40
2	11:53:41	Mike	Godfree	Long	57:41
3	11:55:14	Liz	Godfree	Long	63:44
4	11:55:40	Tracy	Grant	Medium	54:10
5	11:55:44	Tony	Berwick	Medium	61:14
6	11:56:57	Daniel	Kimberley	Medium	39:27
7	11:57:06	Rob	Shooter	Medium	41:36
8	11:57:14	Val	Johnson	Medium	39:44
9	11:57:23	Ranald	Macdonald	Medium	44:53
10	11:57:24	Derek	Bishton	Medium	54:54
11	11:57:26	Jen	Gale	Medium	53:56

12	11:58:15	Viv	Macdonald	Medium	47:15
13	11:58:16	Neil	Forrest	Medium	52:16
14	11:58:19	Kathy	Whitehead	Medium	55:19
15	11:58:21	Claire	Gale	Medium	44:51
16	11:58:23	Pauline	Ward	Medium	43:23
17	11:58:24	Terry	Peach	Medium	43:24
18	11:58:38	Rex	Bleakman	Long	61:38
19	11:58:46	David	Lawson	Long	48:16
20	11:58:49	Kevin	Price	Long	64:49
21	11:58:53	Karen	Bedwell	Medium	72:53
22	11:58:56	Anne	Kimberley	Medium	71:56
23	11:59:11	Sal	Chaffey	Long	61:11
24	11:59:38	Michelle	Mackervoy	Long	66:08
25	12:00:22	Dai	Bedwell	Long	51:52
26	12:00:26	Dave	Clough	Long	61:26
27	12:00:39	Derek	Gale	Long	67:09
28	12:01:48	John	Duckworth	Long	44:18
29	12:02:20	Rachel	Davies	Long	78:20
30	12:02:40	Roger	Keeling	Medium	64:40
31	12:03:15	Dave	Bennett	Long	55:15
32	12:03:26	Paul	Beresford	Long	58:26
33	12:03:30	Ann-Marie	Duckworth	Medium	45:30
34	12:03:35	Ian	Whitehead	Long	56:35
35	12:03:42	Sue	Russell	Medium	46:42
36	12:03:55	Alan	Wisdish	Medium	59:25
37	12:04:16	Steve	Kimberley	Long	55:16
38	12:04:44	Dave	Vincent	Long	76:14
39	12:05:10	Mark	Spendlove	Medium	46:10
40	12:05:29	Brian	Ward	Medium	62:29
41	12:05:40	Malc	Spencer	Long	74:40
42	12:05:59	Tony	Gordon	Medium	63:59
43	12:09:35	Daniel	Spencer	Medium	74:35
44	12:13:14	Graham	Johnson	Long	69:44
45	12:16:56	Dave	Chaffey	Long	66:56
46	12:26:49	Zoe	Gordon	Medium	95:49
-		Helen	Finlayson	Medium	RTD

### **Solve all your Christmas present worries:**

Reductions in DVO O gear:

- ☑ Ron Hill Jackets down from £23 to £20 (only XL left);
- ☑ short sleeved T shirts down from £4.60 to £3 (medium and large)
- ☑ long sleeved T shirts down from £7 to £4 (small, medium and large).

Full range of sizes in O tops in stock:

- ☑ ordinary £15 and all mesh £19;
- ☑ trousers £11.50;

Also the following DVO branded clothing:

- ☑ sweatshirts (childrens £8 and adults £12);
- ☑ polo shirts (childrens £7.50 and adults £10.50)

We will be at Allestree on 19 November and probably at Walesby on 17<sup>th</sup> December.  
Viv and Ranald Macdonald (01629 734307)

## Local Fixtures

### November 2006

- 11th EM DVO Local Event. Bottom Moor, Matlock. SK323633.  
C5 Val Johnson, 01773 824754. Gmjandfam@aol.com £2.50/£1.00.  
White to Light Green. Dogs on lead at all times. Starts 10.30 - 11.30.
- 11th EM LEI Midlands Night Champs. Bagworth, Coalville. SK458067.  
C3N Entries: Roger Williamson, 01509 412132. rwilliamson63@aol.com
- 12th EM LEI District Event & EM League & Yvette Baker Trophy Round.  
Bagworth Woodlands, Coalville. SK458067.  
C4 Chris Phillips, 0116 255 0330. onecephillips@lineone.net.co  
£5.00/£1.50. EPS-SI. Dogs on leads. www.leioc.org
- 19th EM DVO District Event. Allestree Park, Derby. SK352409.  
C4 Dai Bedwell, 01509 260 751. daiandkaren@tesco.net £6.00/£1.00  
Seniors reduced to £5.00 for BOF/DVO. Family entry £11.00. EPS-SI.  
String course. www.dvo.org.uk
- 21st EM LEI Night Event Willesley Woods, Ashby de la Zouch. SK328143.  
C5N Mark Foxwell, 01509 412571. m\_foxwell@yahoo.co.uk £2.50/50p.  
Short, Medium & Long. Dogs on Lead. Starts 6.30 - 7.30pm. www.leioc.org
- 26th EM NOC District Event. Bestwood, Nottingham. SK565475.  
C4 Hilary Hodkinson, 0115 922 2655. hilaryhodkinson@hotmail.com  
EPS-SI. String course. www.noc-uk.org
- 29<sup>th</sup> EM DVO Allestree Street-O  
S5 Andy Mackervoy, 01332 557892. One-hour street score event  
from the Mackervoy's in Allestree. Mass start 7.15pm. Cost £1. Regular  
Wednesday runners know where to come. Any other members wishing to  
take part please give Andy a ring by Tuesday 21<sup>st</sup> November, so he can  
gauge how many extra maps are required, and to give directions if  
needed.

### December 2006

- 3rd YH SYO NATIONAL EVENT inc SHI, Hathersage and Burbage Moors,  
Sheffield. SK273805.  
C2 Entries: M Rosser, 6 Trippet Court, Graham Road., Sheffield, S10  
3DY, 0114 2308637. CD - postal: 20/11/06, CD - internet: 30/11/06.  
£9.00/£3.00. Lim EOD + £1.50/£1.00. Chq: SYO. EPS-SI. Lim CC up to  
Light Green. String course. Parking £1.00.
- 17th WM WCH District Event. Abrahams Valley, Rugeley. SJ999173.  
C4 Dave Brown, 01827 51380. £5.00/£2.00. SI card hire £1.00 and 50p.  
EPS-SI. Dogs only on leads. www.walton-chasers.co.uk

## January 2007

- 1st EM DVO New Year's Street Score Event, Ashbourne.  
S5 Mike Godfree, 01335 346004. [mike.godfree@bosinternet.com](mailto:mike.godfree@bosinternet.com)  
£1/50p. Mass start 11 a.m. for a one hour score. Starting in Shaw Croft Car Park signed around Ashbourne
- 6th NW MDOC Annual Charity Event. Lyme Park, Disley. SJ964823.  
S5 Ruth Sutherland, 01909 770 347. [ruth@sutherld.freemove.co.uk](mailto:ruth@sutherld.freemove.co.uk) Free entry - Donations to charity. EPS-SI. Dogs in car park only. Mass start 11.30. John O'Goats Score Event. [www.mdoc.org.uk](http://www.mdoc.org.uk)
- 13th YH SYO Night Event. Wombwell Woods, Barnsley. SE376017.  
C4N Lesley Ward, 0114 220 9553. [martinandlesley@blueyonder.co.uk](mailto:martinandlesley@blueyonder.co.uk)  
£6.00/£1.00 Discount of £2 to BO members. EPS-SI. Parking £1
- 13th-14th EM Lincolnshire Bomber Weekend  
R5 13th - Lincolnshire Bomber Relay Event. RAF Cranwell, SK994494.  
C4 14th - Long O & Park Race. Castle Square, Lincoln. SK976718.  
Steve Bones, 01522 541449. [eventinfo@logonline.org.uk](mailto:eventinfo@logonline.org.uk)
- 13th EM NOC Local Night Event. Manton, Mansfield. SK616781.  
C5N Catherine Hughes, 0115 8774089. [catherinehughes@hotmail.com](mailto:catherinehughes@hotmail.com)
- 20th WM Midland Night Champs. Oversley Wood, Alcester, Warks. SP112566.  
C3N Iain Embrey, c/o 42 Randall Road, Kenilworth, Warks., CV8 1JY, 01926-511 604. [oneandonlygg@gmail.com](mailto:oneandonlygg@gmail.com) CD: 10/01/07. £9.00/£3.00 (BO members £7). Emit punching.
- 21st EM DVO District Event, Eyam Moor, Hathersage  
C4 Stuart Swalwell, Eyewell Cottage, Coachmans Close, Ashbourne. 01335 347814 email [stuart.swalwell2412@virgin.net](mailto:stuart.swalwell2412@virgin.net). [www.dvo.org.uk](http://www.dvo.org.uk)
- 28th EM NOC Robin Hood Trophy Regional Event. Sherwood Pines, Mansfield.  
C3 Janet Evans, 01636 813058. Entries: via website: [www.noc-uk.org](http://www.noc-uk.org)

## Derbyshire Footpath Relay - Saturday June 30th 2007

It's our turn to organise the annual footpath relay next year and plans are well advanced for what we hope will be a good day of running with a BBQ afterwards all based at Hartington Youth Hostel.

Mike Godfree and Val Johnson are looking for volunteers to test out the legs over the next few weeks so if you fancy an hour or so out in the Hartington area then give one of us a ring and we'll send you a colour map of a leg - all you have to do is provide a few written instructions for the runners to follow.

Oh, and we will need quite a few marshals on the day for the changeover points and Graham will be getting the DVO team(s) of 20 together so please keep the day free.

Val Johnson

Email: [gmjandfam@aol.com](mailto:gmjandfam@aol.com)

## COACHING CORNER

Following the success of the junior coaching initiative at some of the regions events this autumn, more opportunities are planned for the spring. I am working with coaches from the other East Midland clubs to put together a programme, which, will offer coaching for beginners at some district events and a series of Saturday morning sessions for improvers. Remember help is always available at all the Saturday local events plus the chance to debrief and reflect on your run at all district events – just come along to enquiries.

There's also the regular fitness / training opportunities:

Monday – with the Matlock group, for all levels of fitness or, for the fitter types, the chance of a 60 – 90 minute off road (headtorch essential) run from various locations.

Wednesday – club night, runs from Belper or Allestree, all ability/fitness/distances catered for.

Friday – Circuits, a mixture of exercises, work at your own pace (plus the chance to chat about events, courses and other stuff).

A date for your diary – BOF Coaching Day, Bishops Wood, Graythwaite, Lake District. Saturday March 10<sup>th</sup> 2007. A really good opportunity to get in some practice on quality terrain. Why not combine this with the National Event the next day at Whitbarrow Scar?

### Pictorial Descriptions

Always a bit of a challenge to newer and experienced orienteers alike. Do you know what they all mean?

If not, (well even if you think you do it's a bit of fun) check out:

☐ <http://www.fortnet.org>

☐ <http://www.metuorienteering.org>

Simon Errington has a good 2 page summary on his site:

☐ <http://www.maprunner.org.uk/>

All links are on: [www.dvo.org.uk](http://www.dvo.org.uk)

Val Johnson

November Classic 2006									
M60S, M65S, M75L, W45S, W65L, W70L									
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2	232	↘	Δ						
3	226		U	~					
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5	195	↓	V						
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Courses close at 1500h You MUST visit <a href="#">DOWNLOAD</a> even if you do not finish									

Control 75.8 Southampton Orienteering Club

Rachel & Simon Davis would like to invite all of DVO to their annual pre-Christmas pub crawl around Derby:

It's here again - Rach & Simon's  
**9th Derby pub crawl**  
**saturday 2nd December 2006**

**Agenda**

1.30 - 2 p.m. Meet in the **Abbey Inn**, Darley Abbey, followed by a brisk walk to:- **Furnace Inn**, Duke Street; **Olde Dolphin Inne**, Queen Street; **Flowerpot**, King Street; **Crompton Tavern**, Crompton Street

5-6 p.m. **Babington Arms**, Babington Lane. A meeting point for the lightweights amongst you (or those too busy playing rugby, hockey etc or getting in some last minute training for the Burbage National Event)!

Then on to the **Station Inn**, **Brunswick Inn**, **Alexandra Hotel**, **Smithfield**

If you think you will join us at any other times, please ring 0115 9302887 before the day and we will give you our mobile number so you can find us. All pubs serve real ale and are featured in the 2007 Good Beer Guide. Some even have real cider too (yum yum)!

**Editorial**

Wow – managed to fill a Newstrack without the usual article from Graham – I must admit there was an offer of one or two but I needed to get Newstrack out early to give me time to worry about organising Allestree, and Graham's creative juices cannot be rushed. Maybe a double helping next time?

At the AGM we learnt that DVO membership has been stable over the last 12 months, at around 130 membership units, representing 227 individuals. This is good news as not all clubs can say the same, but it does make me wonder when I see the same faces helping at events weekend after weekend. I have asked for help for Allestree via the AGM and the yahoo discussion group, but as expected it has mainly been the usual people volunteering. I'll be phoning around one person at a time for the next 2 weeks, to get enough helpers to make the event go ahead; I have enough to sort out already, and could do without this added time-consuming task. So please, either call or email the event organiser and volunteer an hour of your time at the next DVO event. It isn't difficult, it can be fun, and it is definitely a good way to get to know more people in the club.

PS – for the slightly braver members, I still have some events in 2007 that require organisers and controllers.

Dai Bedwell