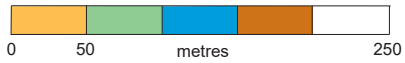


Alvaston Park



Scale 1:5,000
Contour interval 5m



Magnetic North 2019
(-1.5°)

Symbols to ISSOM 2007

- | | |
|--------------------------|------------------------------|
| Open | Building |
| Rough Open | Canopy |
| Open - scattered trees | Gravel path |
| Woodland - run | Path |
| Woodland - slow run | Small path |
| Woodland - walk | Knoll |
| Fight | Boulder (globe) |
| Undergrowth | Contour |
| Tarmac | Form line |
| Wall | Gully |
| Seat, picnic table, post | Earth bank |
| Trees, large/small | Earth wall |
| Rootstock | Telegraph line (with poles) |
| Floodlight | Distinct vegetation boundary |

YOU MAY NOT

- | | |
|--------------|---------------|
| ENTER/CROSS: | Private Land |
| High Walls | Hedges |
| High Fences | Out of bounds |



1 hour score

Runners punch even numbered controls first
and then odd numbered controls (or vice versa)

30 to 60 points per control

Control number rounded down to the nearest
multiple of 10

30 penalty points

for each minute and part minute over the hour

Emergency phone: 07814 366426

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Activity no. 34667