

## **Darley Park Orienteering Course**

## The Map

Study the map carefully before you start, particularly the colour scheme and the scale. On orienteering maps open land is shown in yellow, wooded areas as white where you can still run. Denser areas of woodland are shown as progressively darker shades of green. Private areas as well as gardens are shown with an olive green colour, do not enter these areas. You will find easier if you orientate the map so that the map is the same way round as the features on the ground. Keep doing this each time you change direction and identify the features as you go. If you have a compass you can orientate the map very simply by ensuring the red (north) end of the compass needle lines up with the Magnetic North on the map.

## **The Controls**

Also shown on the map as numbered purple circles are the positions of several controls. At each of these points you will find a red plate with the corresponding number and a letter. You can record the letter at the bottom of this sheet to show that you have been there. If you visit all 20 posts you will be able to solve the anagram that the letters make up. Visit these controls in any order. The triangle on the map marks the start to the right of the path leading uphill away from the café terrace. You should see the red triangle marker on a post to the right of the main path.

Orienteering is a competitive sport which combines navigation with running. Careful navigation and route choice can be more important than speed. The map symbols are internationally agreed so that it is possible to compete worldwide on an equal basis.

This map has been produced by Derwent Valley Orienteers (DVO) on behalf of Derby City Council. DVO hold frequent events with most being suitable for beginners. For more information about local events and other permanent courses like this see <a href="www.dvo.org.uk">www.dvo.org.uk</a>. If you have enjoyed this course there are other courses at Allestree Park and Markeaton Park in Derby and elsewhere in Derbyshire.

1	2	3	4	5	6	7	8	9	10
11	12	13	14	15	16	17	18	19	20

You can time yourself and view the map on your Smartphone using the free MapRun app. The link to download the app is at <a href="http://maprunners.weebly.com/">http://maprunners.weebly.com/</a>. Within the app go to Event List, choose "UK", then "Derwent Valley", and choose "Darley Park/Darley Permanent Course". Once you approach the start the timing starts. As you approach within a few metres of each control site the phone will record a "punch". Timing stops when you approach the finish which is at the same location as the start. You may upload your time to the MapRun server if you wish and compare your time with others. Find more information on the Derwent Valley Orienteers web site <a href="https://www.dvo.org.uk">www.dvo.org.uk</a> and <a href="https://www.britishorienteering.org.uk">www.britishorienteering.org.uk</a>.